

UCCH      Universitäres Cancer Center Hamburg

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UCCH / UCCSH Pathway

# Guideline

# Burkitt-Lymphoma

Version Jan/2024

### Guideline Burkitt-Lymphoma

Version 01, Jan/2024

according to WHO classification 2016

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Implemented

Jan/2024

Revised

Next planned review

Jan/2026

## Legend of Colours



= Therapeutic procedure



= Clinical or diagnostic condition



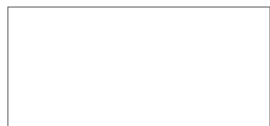
= Diagnostic procedure



= Clinical trial



= Supportive measure



= Referral



= Tumorboard  
(including post  
tumorboard interaction  
with patient that follows  
the principles of shared  
decision-making)

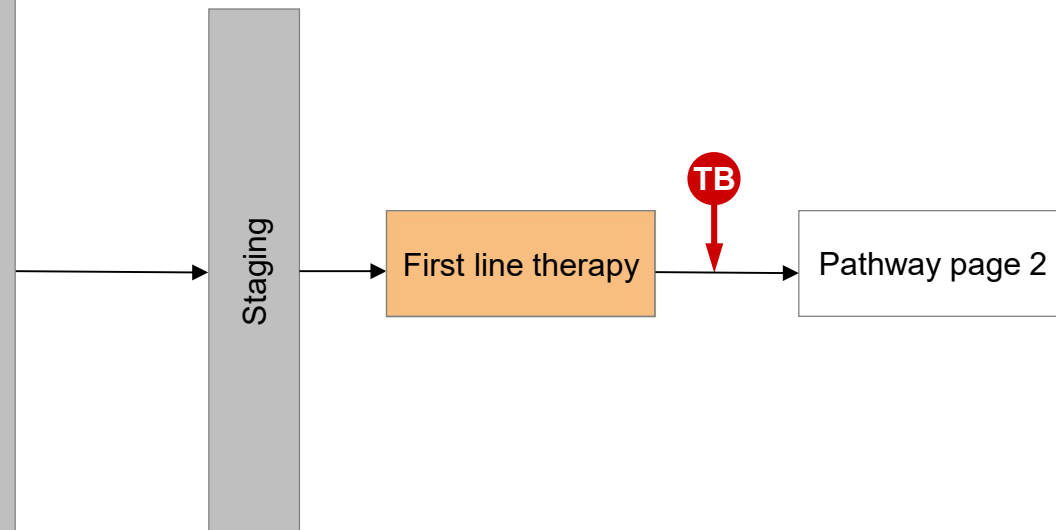
## Work up

### Baseline:

- History (incl. B-symptoms)
- Physical examination (incl. palpation of all lymph node areas, spleen and liver)
- Lab exam (including CBC with differential, LDH, comprehensive metabolic panel and liver function test)
- Hepatitis B/C; HIV serology
- Biopsy<sup>1</sup> and histopathological report<sup>2</sup> including testing for t(8;14), t(2;8) or t(8;22)
- Bone marrow aspirate and biopsy
- PET-CT scan<sup>3</sup>, (CT of neck, chest, abdominal and pelvis if no PET-CT available)
- Lumbar puncture is recommended
- ECG, Echocardiography and lung function test (pretreatment evaluation)
- Pregnancy testing, discussion of fertility issues and sperm banking
- BL-IPI (BL-international prognostic index)

### Supportive:

- Offer contact to self help group
- Offer psychooncological support

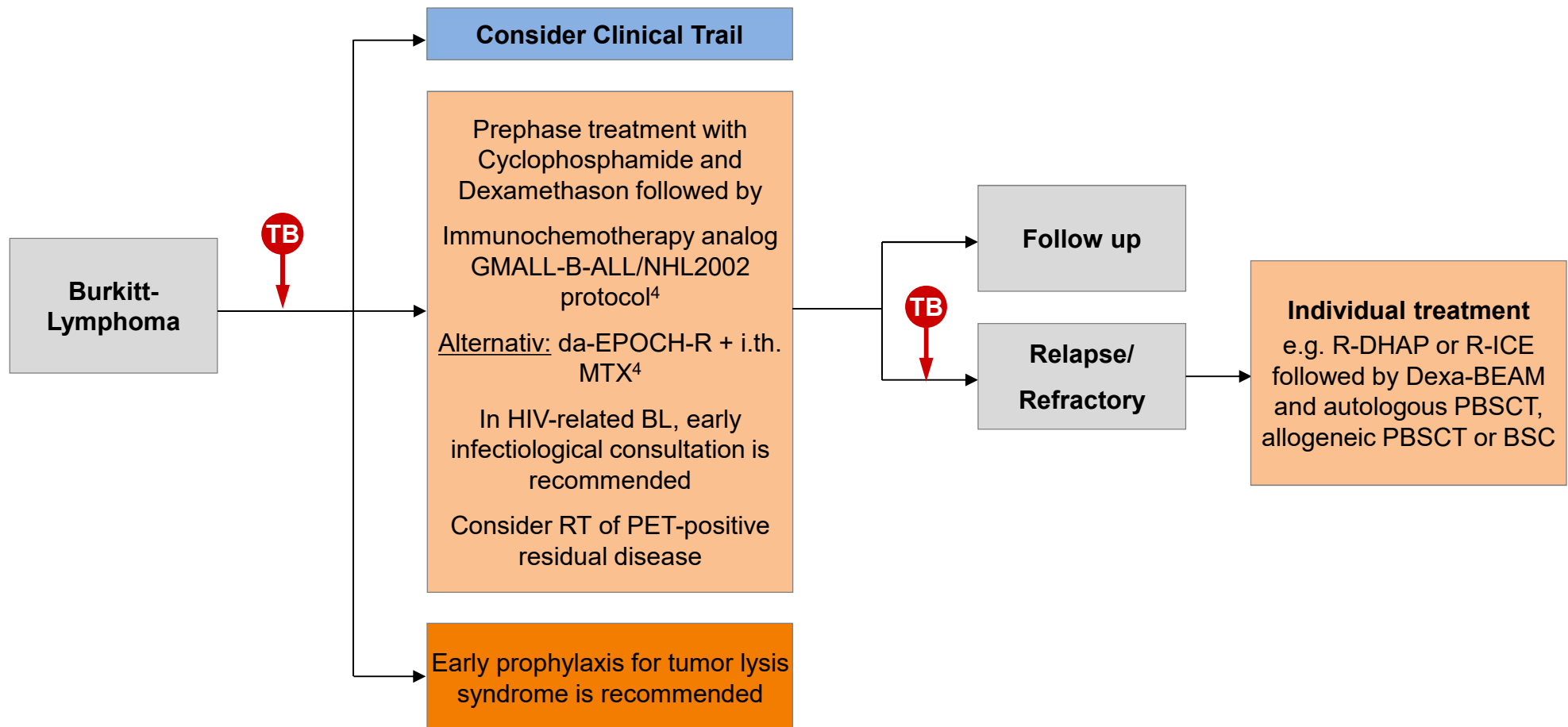


<sup>1</sup> Lymphnode biopsy (or a biopsy from another organ with suspected affection). Fine needle aspirations are inappropriate for a reliable diagnosis.

<sup>2</sup> The histological report should give the diagnosis according to the World Health Organization classification. Consider validation of findings by hemato- or cytopathological reference histology

<sup>3</sup> Consider additional biopsy of PET positive extranodal findings, particularly if the results are possibly affecting disease stage

## Pathway page 2: First line therapy



<sup>4</sup> A Treatment delay should be avoided. Treatment for Burkitt lymphoma should contain intensive CNS-prophylaxis.

## Pathway page 3: Final staging and Follow up

### Final staging

Final staging should be carried out after completion of treatment (physical examination, laboratory analyses and contrast enhanced CT are mandatory. PET should be carried out at final staging for response assessment in lymphoma whenever this diagnostic tool is available)

### Follow up

Please Refer to PW DLBCL

## Page 4: Palliative care screening tool

| Screening items |                                                                                                                                                                                                           | Points |
|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| 1.              | • Presence of metastatic or locally advanced cancer                                                                                                                                                       | 2      |
| 2.              | • ECOG score (functional status score, performance status)                                                                                                                                                | 0-4    |
| 3.              | • Presence of one or more serious complications of advanced cancer usually associated with a prognosis of < 12 months (e.g. brain metastases, hypercalcemia, delirium, spinal cord compression, cachexia) | 1      |
| 4.              | • Presence of one or more serious comorbid diseases also associated with poor prognosis (e.g. moderate-severe COPD or CHF, dementia, AIDS, end stage renal failure end stage liver cirrhosis)             | 1      |
| 5.              | • Presence of palliative care problems                                                                                                                                                                    | 1      |
|                 | a. • Symptoms uncontrolled by standard approaches                                                                                                                                                         | 1      |
|                 | b. • Moderate to severe distress in patient or family, related to cancer diagnosis or therapy (personal targets and expectations, educational and informational requirements, cultural factors)           | 1      |
|                 | c. • Patient/family requests palliative care consult                                                                                                                                                      | 1      |
|                 | d. • Team needs assistance with complex decision making or determining goals of care (benefit/side effects of treatment)                                                                                  | 1      |
|                 | e. • Instable or deficient network especially for emergency situation or 24-h care                                                                                                                        | 1      |

**A total of > 5 points signalizes need for supportive palliative care**

According to Glare et al. (2011); NCCN Clinical Practice guidelines in Oncology 2015