

Using circulating tumour cells for prostate cancer diagnosis and precision medicine

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Conflict of interest statement

- The studies were partially funded by ANGLE plc

The need for repeated sampling

Early diagnosis/detection: **periodical** screening test

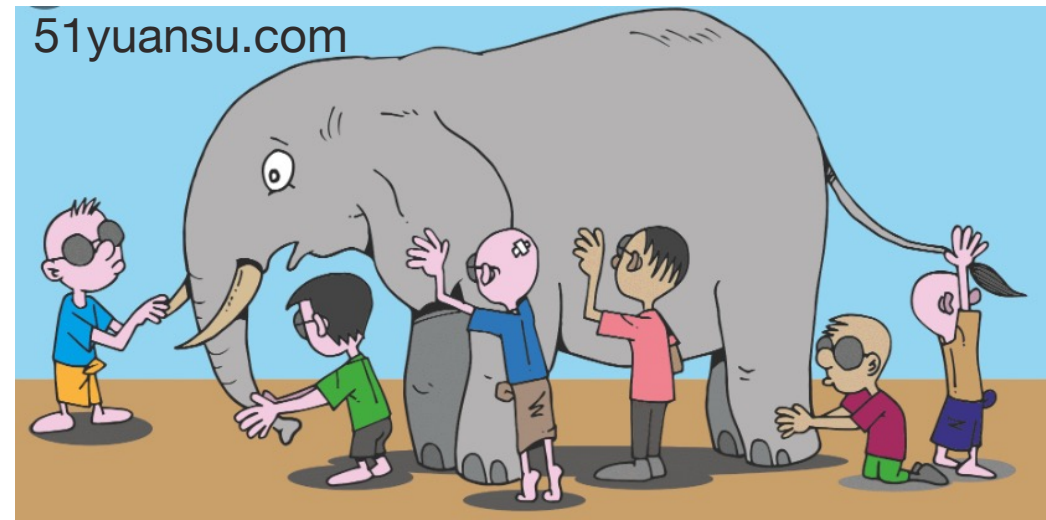
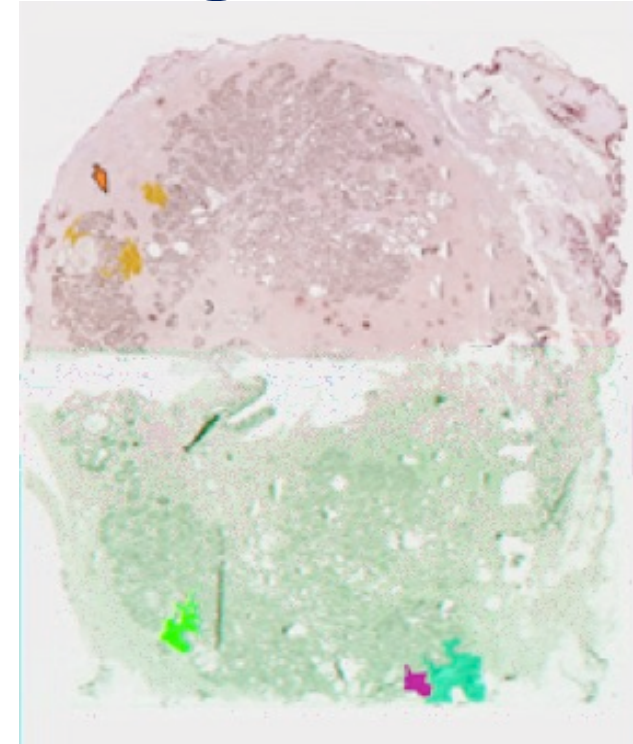
Precision medicine: Right drug to right patient at **right time**

Challenge with traditional tissue based diagnosis

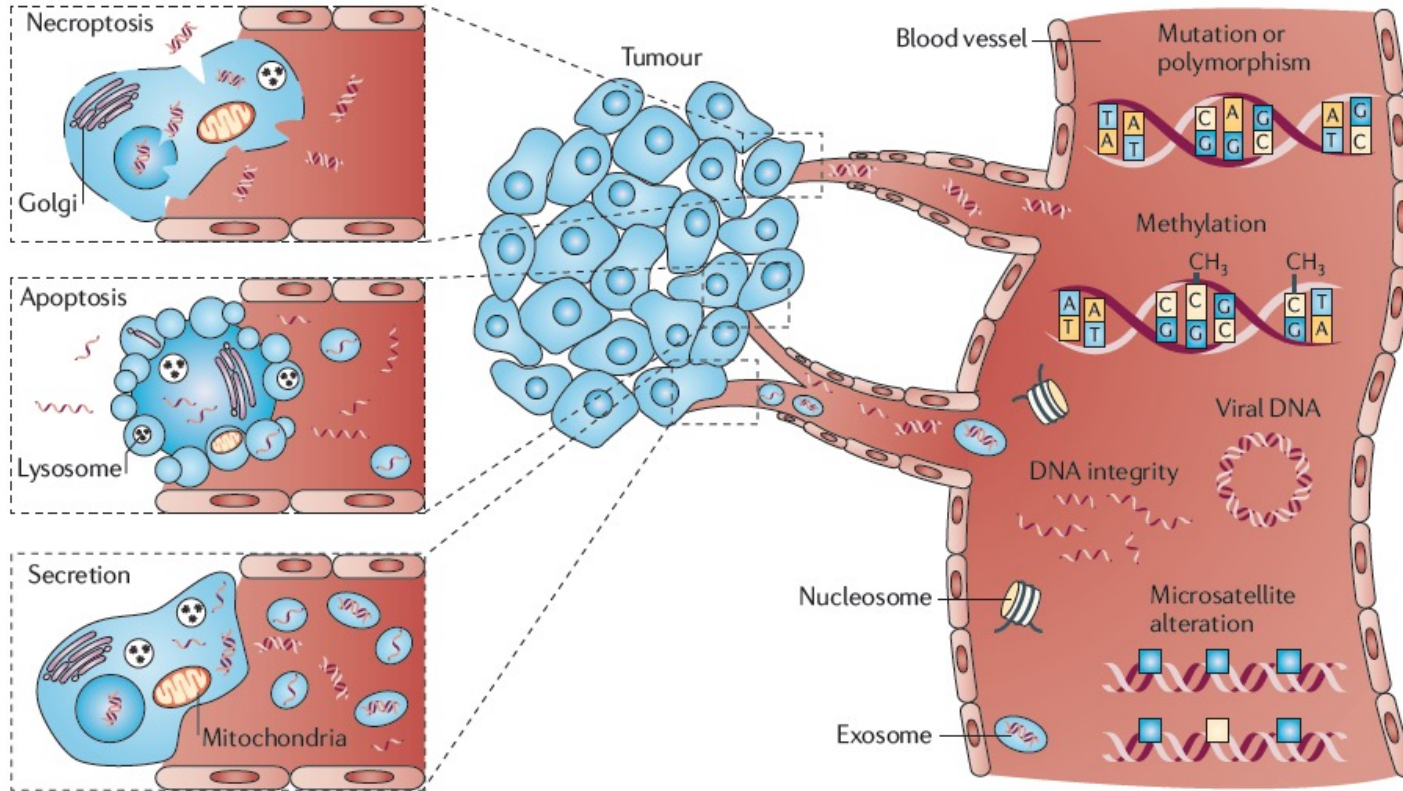
- Very invasive, difficult for frequent sampling- impossible real time monitoring disease status
- Intratumour heterogeneity: blind men and an elephant
- The solution: blood text



JNM 2006; 47:287-297



Circulating biomarkers



(Nature Reviews Cancer 2011; 11:426-437)

Other circulating materials

Proteins: PSA

Wulfkühle et al. Proteomic applications for the early detection of cancer. *Nat. Rev. Cancer* 3, 267; 2003.

Cell-free nucleic acids (ctDNA, ctRNA)

Exosomes (miRNA)

Circulating tumour cell (CTCs)



<https://www.neoteryx.com/>

Why circulating tumour cells are good biomarker

- CTCs: the seeds cancer metastasis, **represent aggressive cancer**
- All genetic/molecular materials from intact cells
- Cell cell difference- Intratumoural heterogeneity
- **Alive cells**, responsible for cancer progression vs death cell released products
- Culturable for *in vitro* drug sensitivity test
- **Detectable at very early stage cancer**

Literature of CTCs biomarker in prostate cancer

- **Advanced cancer prognosis: FDA approval** CellSearch CTC count for advanced colon, breast and prostate cancer prognosis
- **Predict/monitor PCa therapy response**

- CTC change before PSA in treatment response

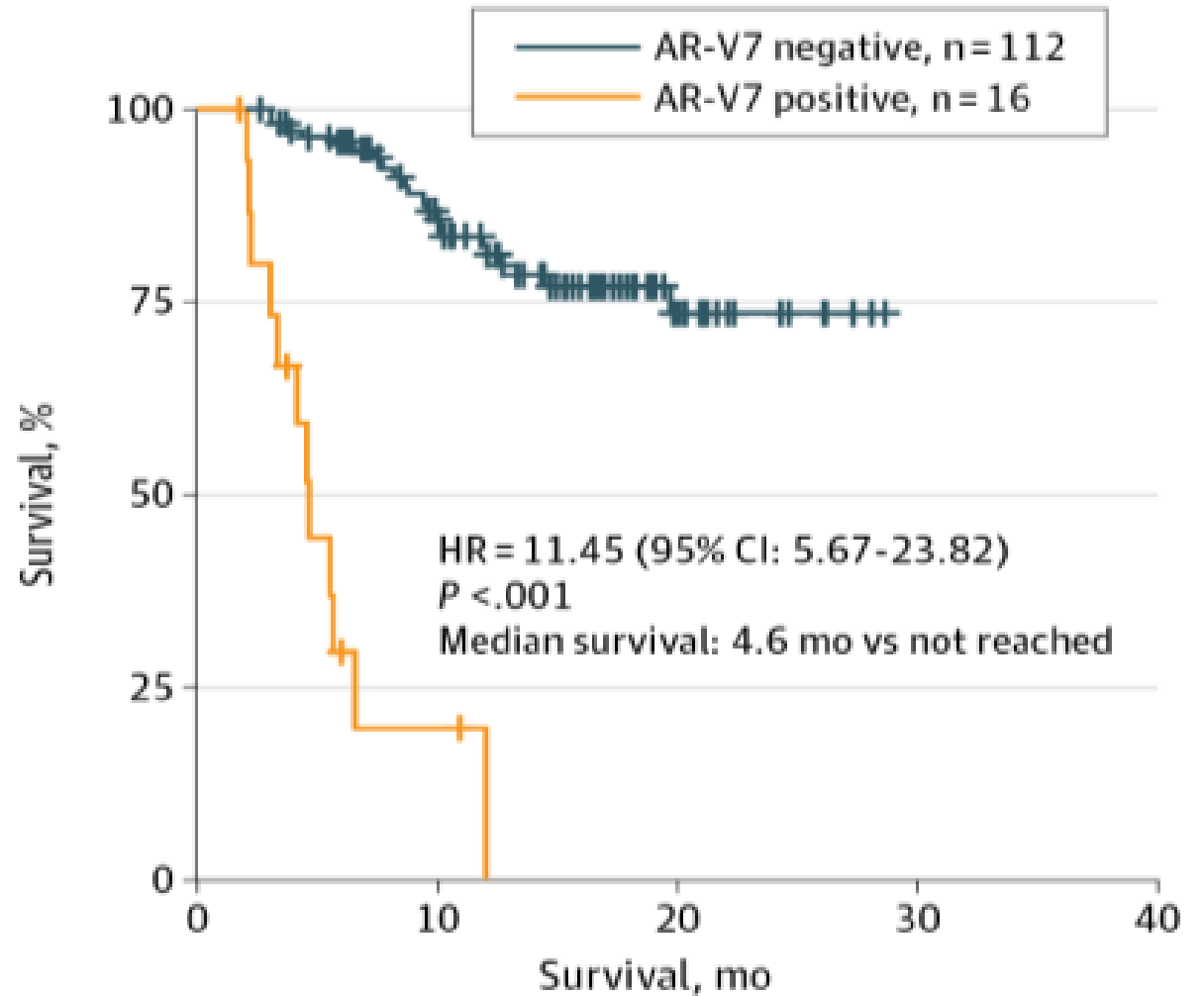
Shamash J *et al.* Clin Cancer Res. 2012. 8:2352-9.

- CTC AR-V7 for anti-androgen therapy

Antonarakis ES *et al.* N Engl J Med. 2014. 371:1028-38.

Scher HI *et al.* JAMA Oncology 2016, 2:1441-9.

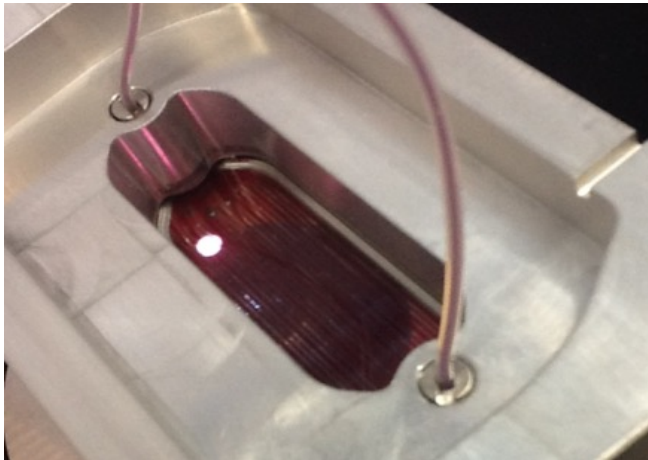
Graf RP *et al.* Eur Urol. 2020. 77:170-177.



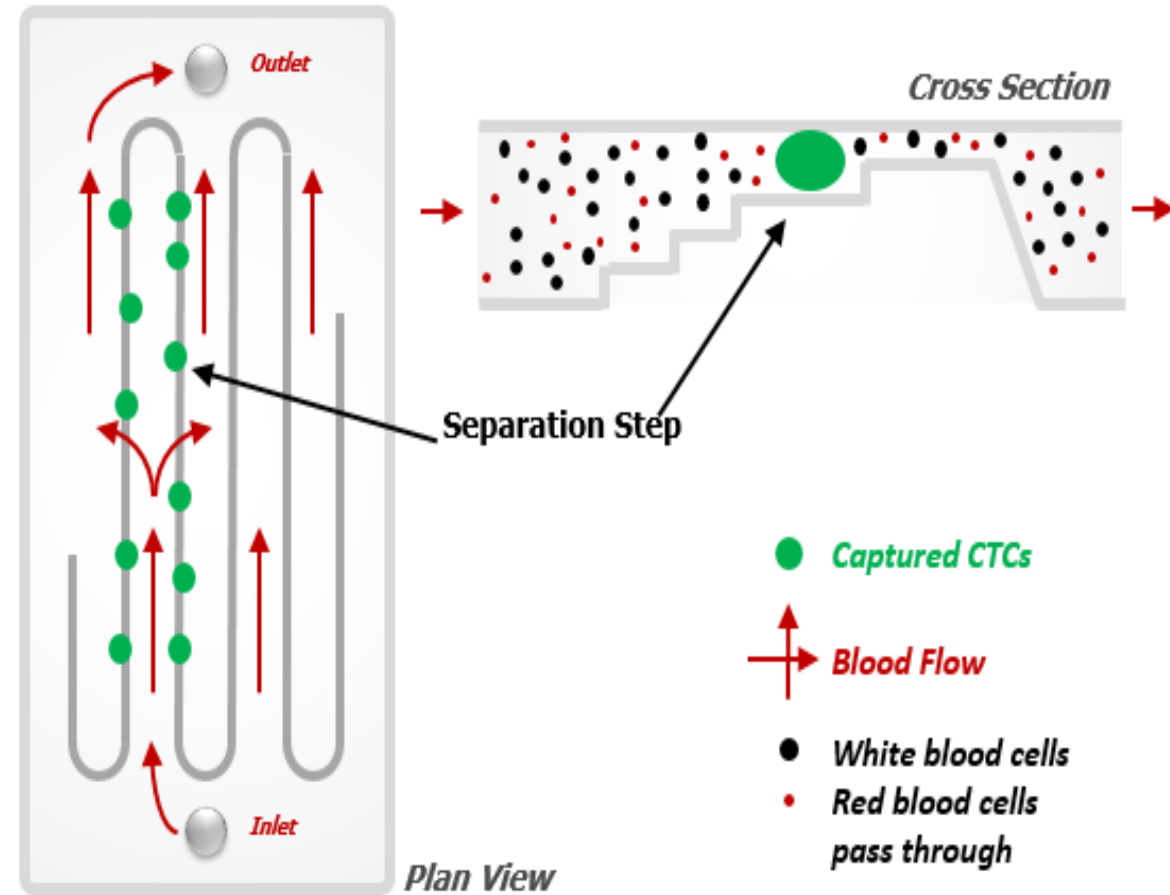
Parsortix- cell size and deformability based CTC isolation



System overview

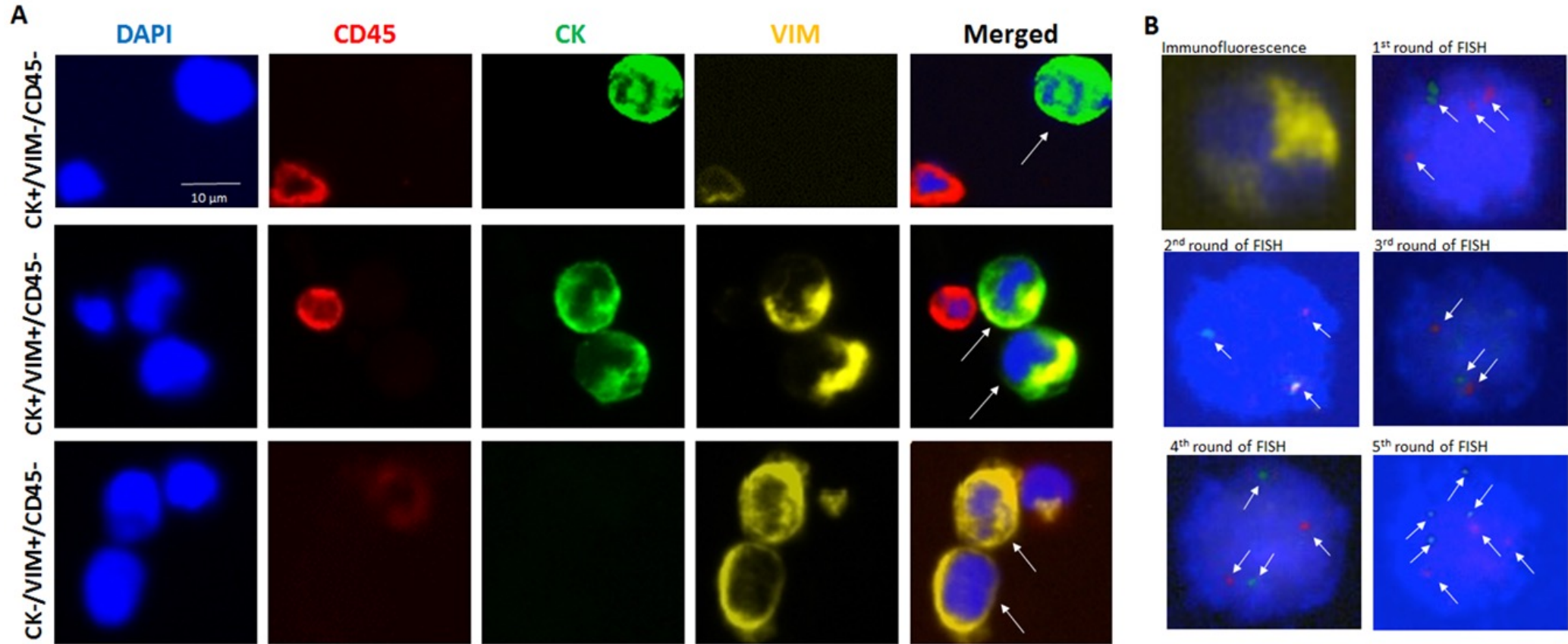


Clamp holding the isolation cassette



Principle for isolation

Three types of CTCs and FISH confirmation

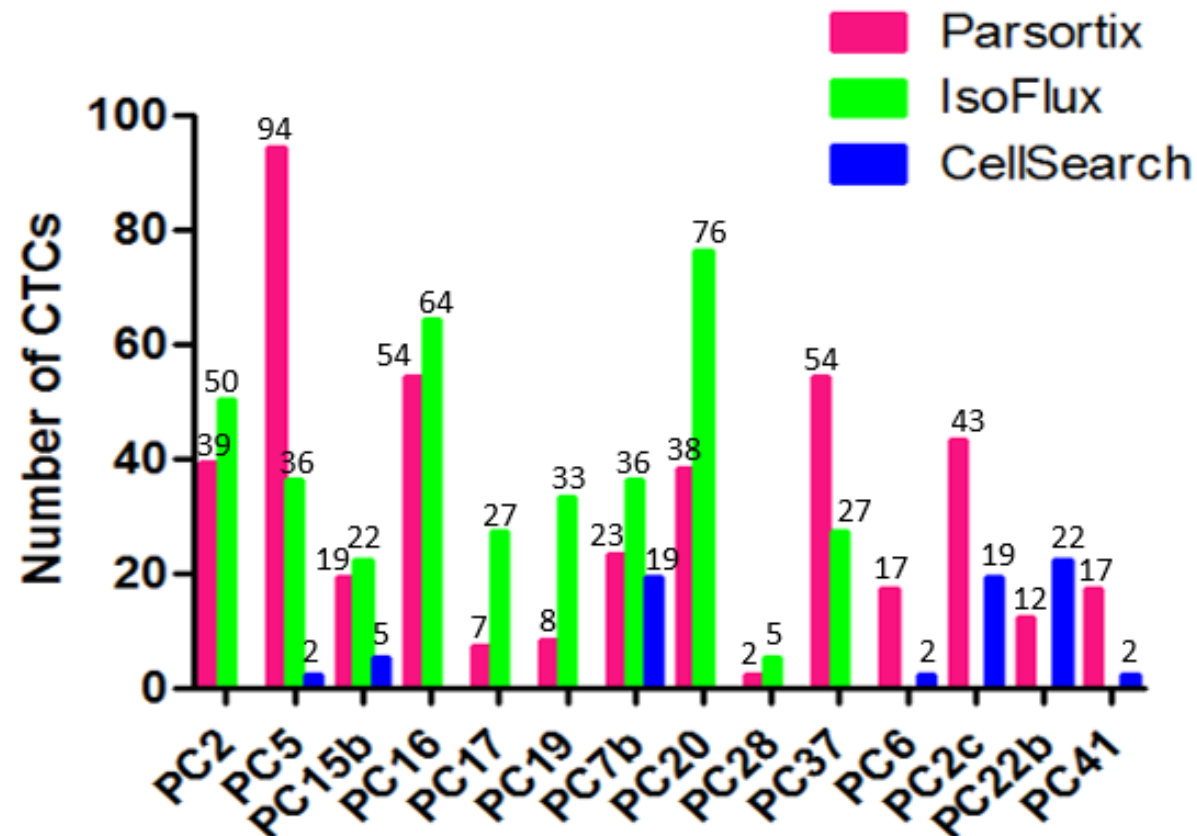


Repeated FISH: similar amount of genomic changes in each subtype

Xu et al. Clin Cancer Res. 23(17):5112-22; 2017.

Comparison of Parsortix and EpCaM beads system

Parsortix vs CellSearch (FDA approved) and IsoFlux (additional microfluid design to improve CTC isolation efficiency)

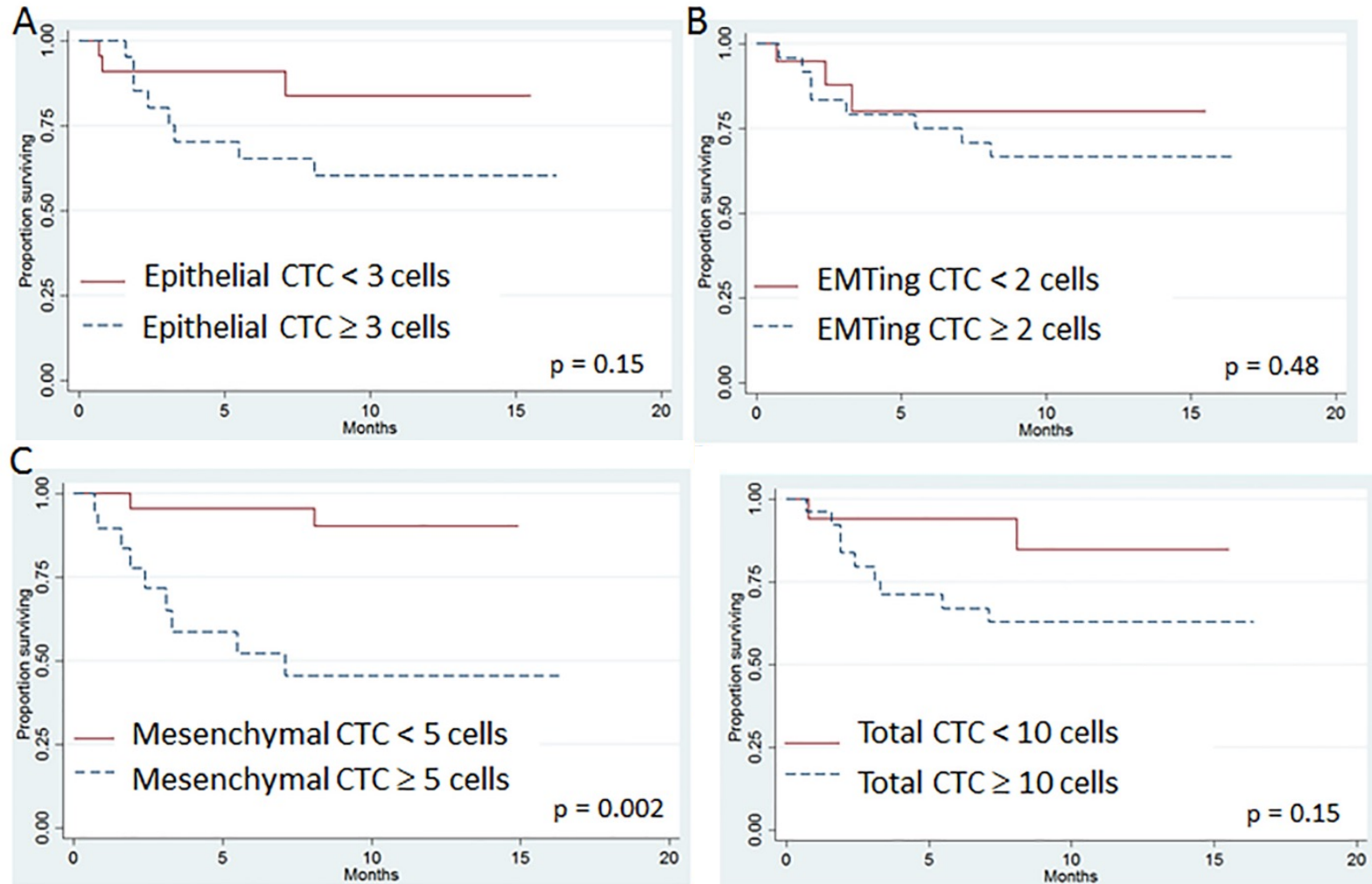


For epithila CTCs

Parsortix (32.1 ± 29.1 /patient) Vs
CellSearch (10.1 ± 9.3 /patient)
 $p = 0.04$

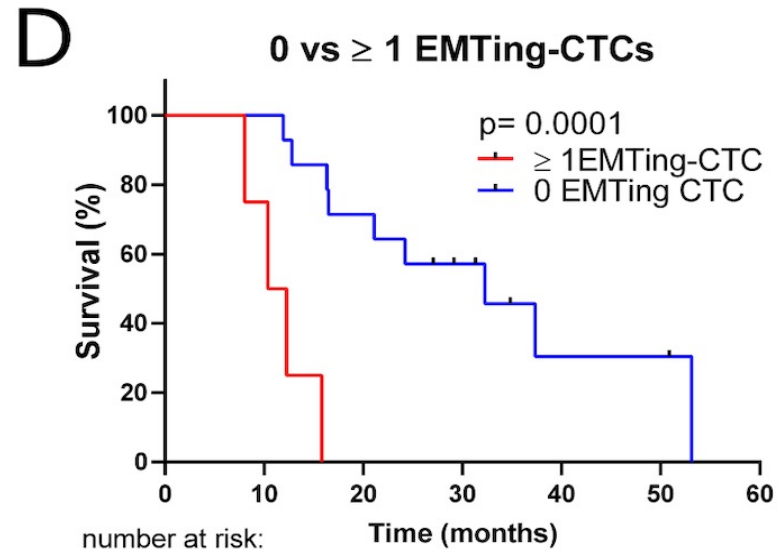
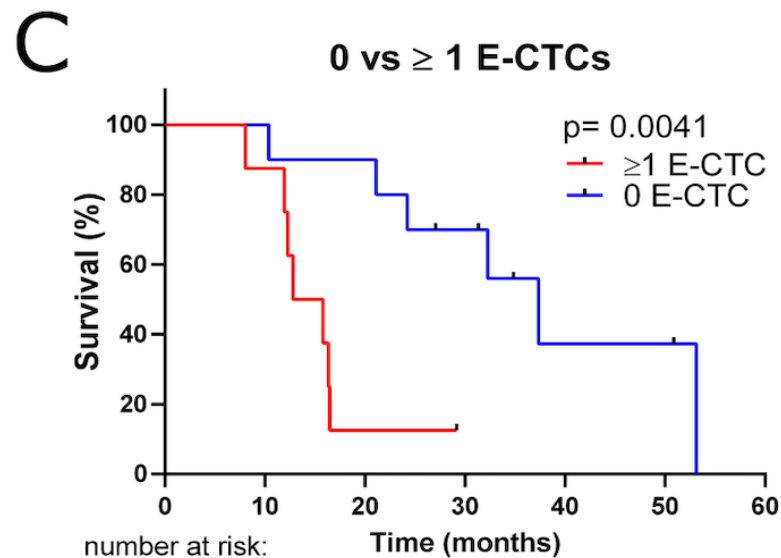
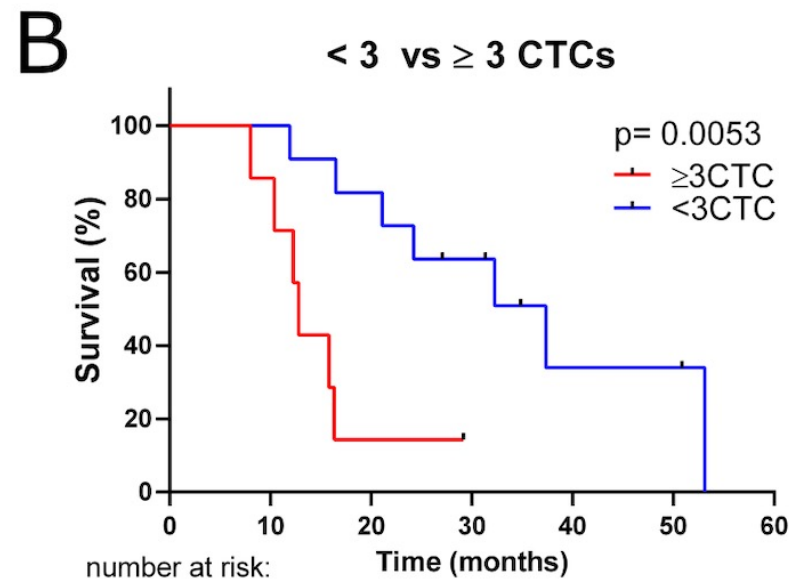
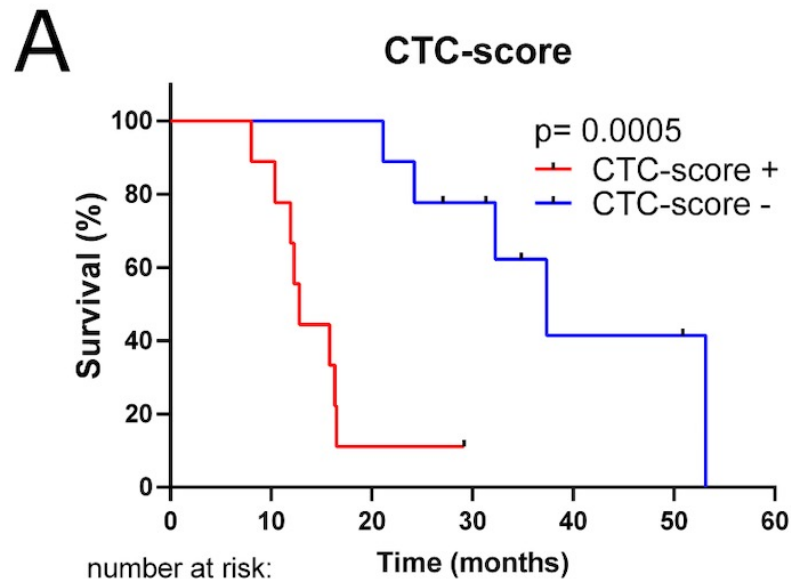
Parsortix (33.8 ± 28.3 /patient) Vs
IsoFlux (37.6 ± 20.8 /patient)
 $p = 0.33$

CTC subtypes for prostate cancer patient survival



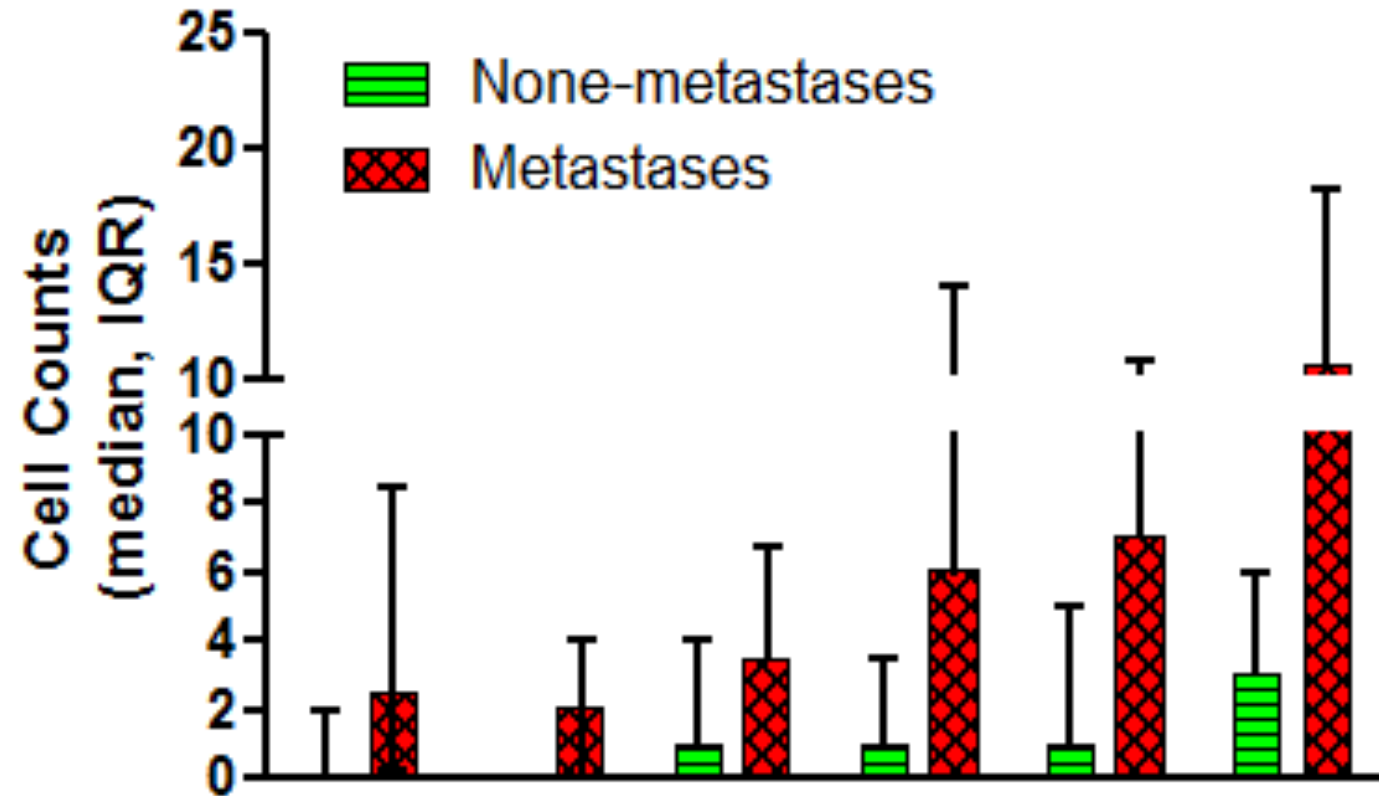
Xu et al. Clin Cancer Res. 23(17):5112-22; 2017.

CTCs in predicting docetaxel response- mCRPC



Davis *et al.*
Unpublished data

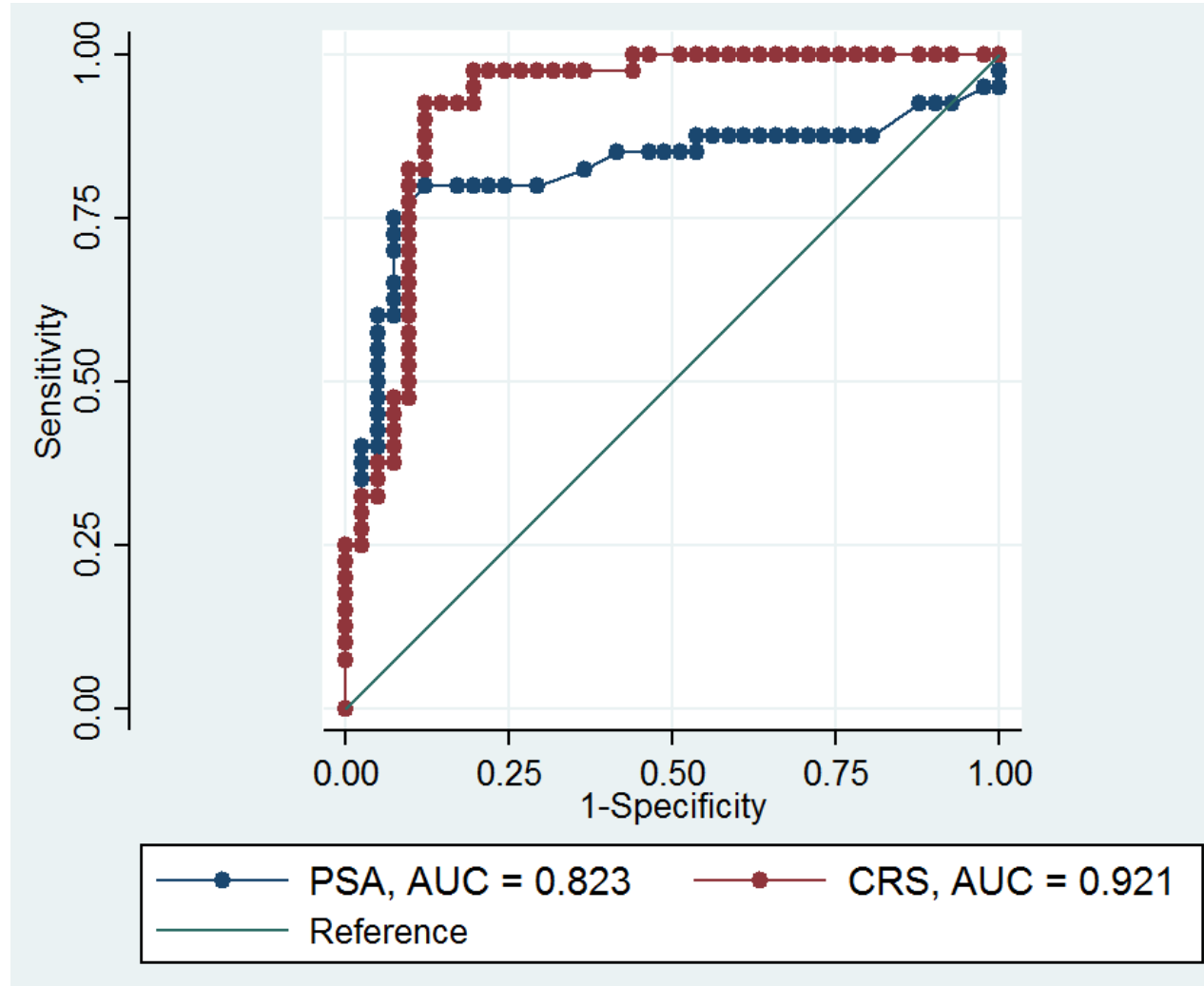
CTC association with cancer metastasis



CTC subtype	CK+/VIM-	CK+/VIM+	CK-/VIM+	All CK+	All VIM+	All
Non-metastases	0(0-2)	0(0-0)	1(0-4)	1(0-3.5)	1(0-5)	3(1-6)
Metastases	2.5(0.25-8.5)	2(0-4)	3.5(1.25-6.75)	6(2-14)	7(3-10.75)	10.5(7-18.25)
p value	0.0017	0.0001	0.0082	0.0001	0.0001	0.0001

Xu et al. Clin Cancer Res. 23(17):5112-22; 2017.

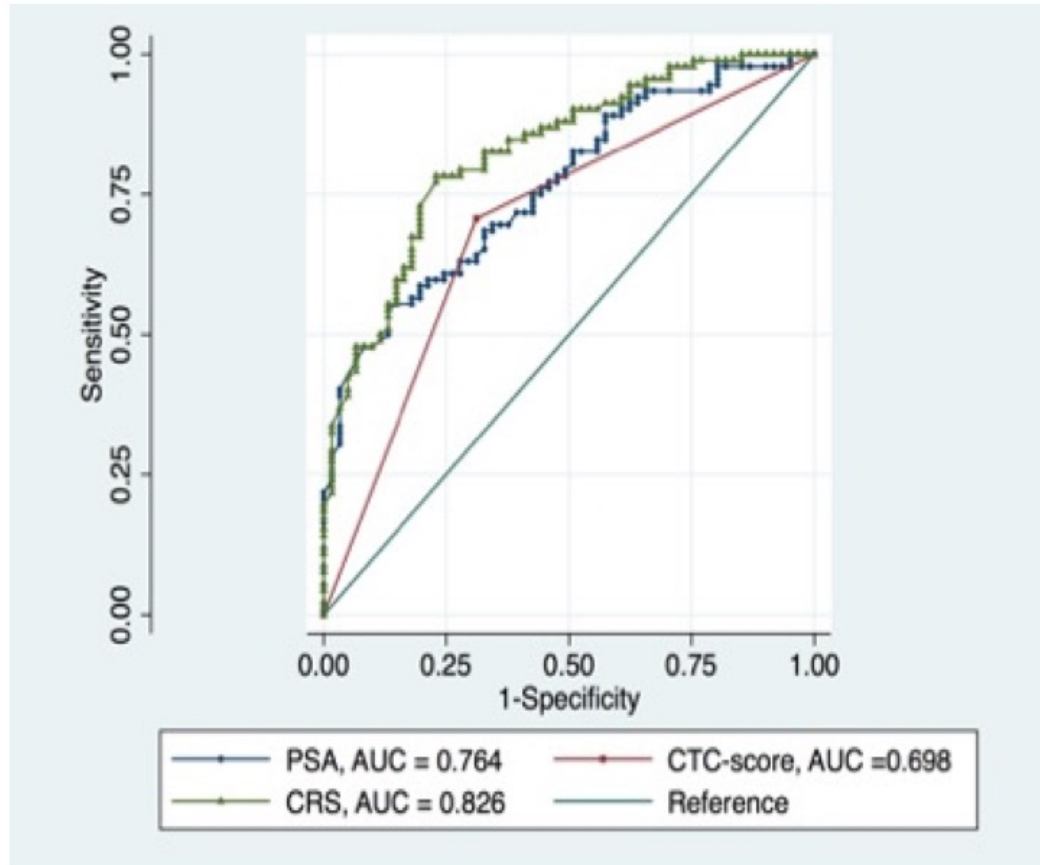
Efficiency to predict metastases- with PSA



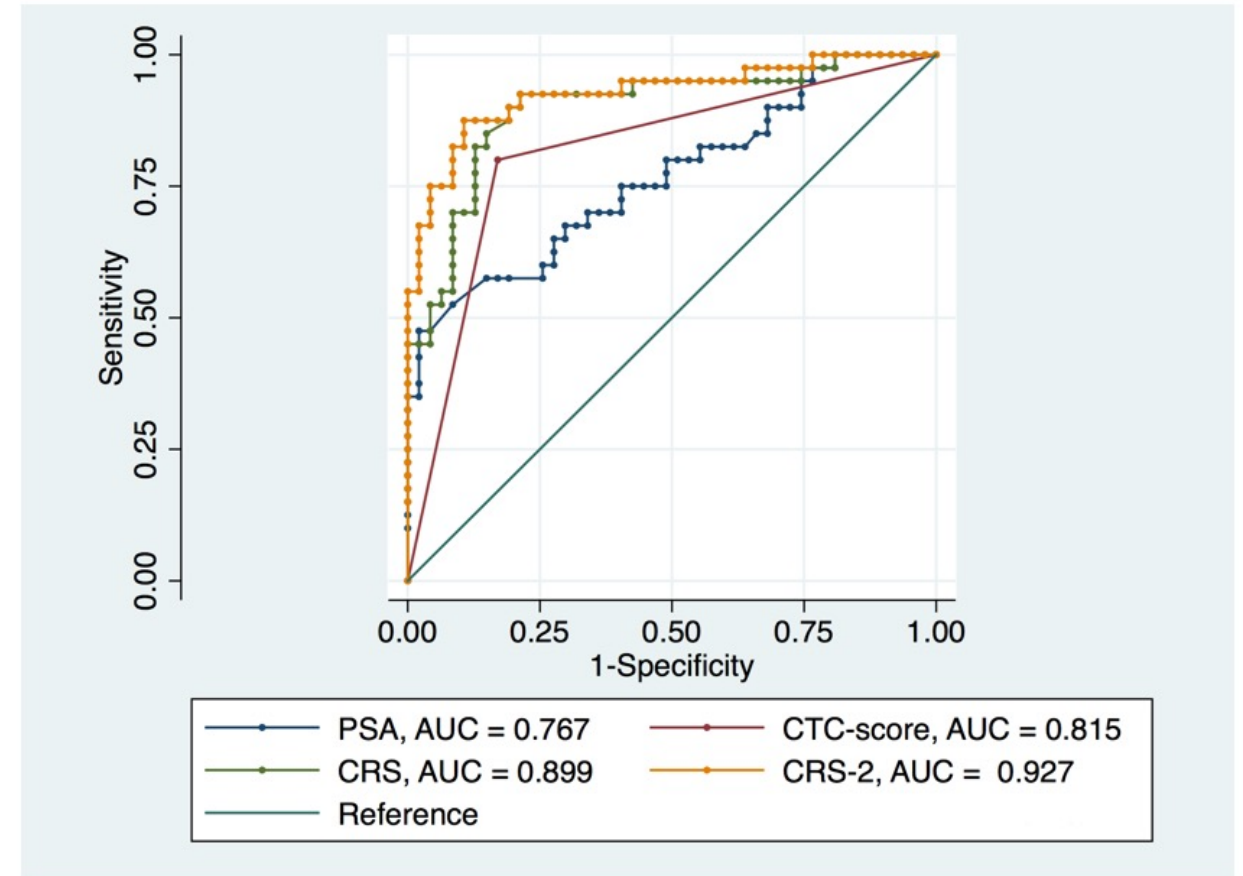
Xu et al. Clin Cancer Res. 23(17):5112-22; 2017.

CTCs for diagnosing clinical significant prostate cancer

Prostate cancer diagnosis pathway: PSA-mpMRI-Biopsy



In 155 localised PCa patients



In 98 pre-biopsy patients

Xu et al. J Urol. 203(1):73-82; 2020

Circulating tumour cells as biomarkers for treatment stratification of localised prostate cancer

Funder: Prostate Cancer UK, 5 years

Hypothesis:

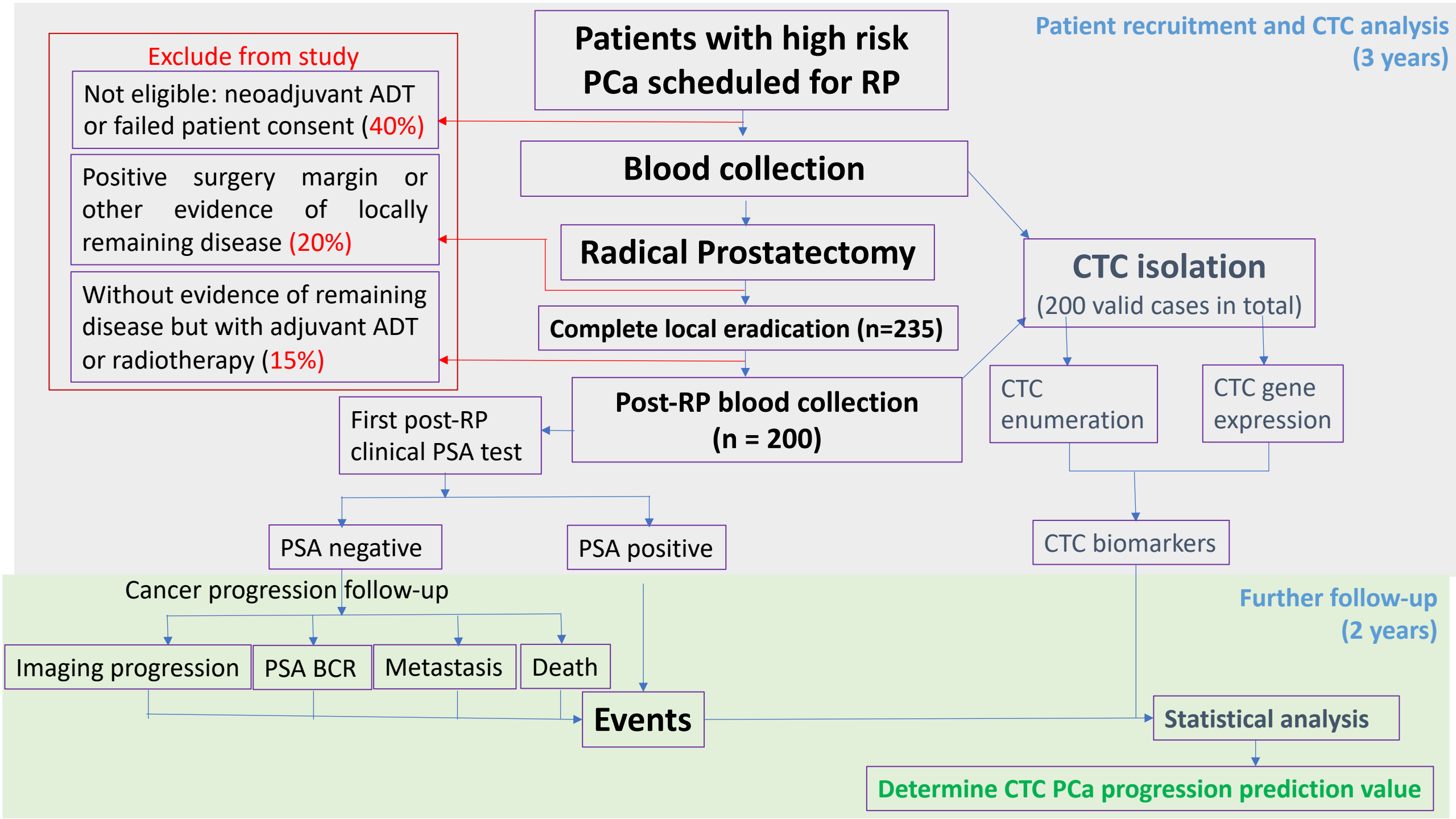
Post radical prostatectomy prostate cancer recurrence/metastasis is caused by micro-metastasis

Micro-metastasis can be determined by CTC analysis

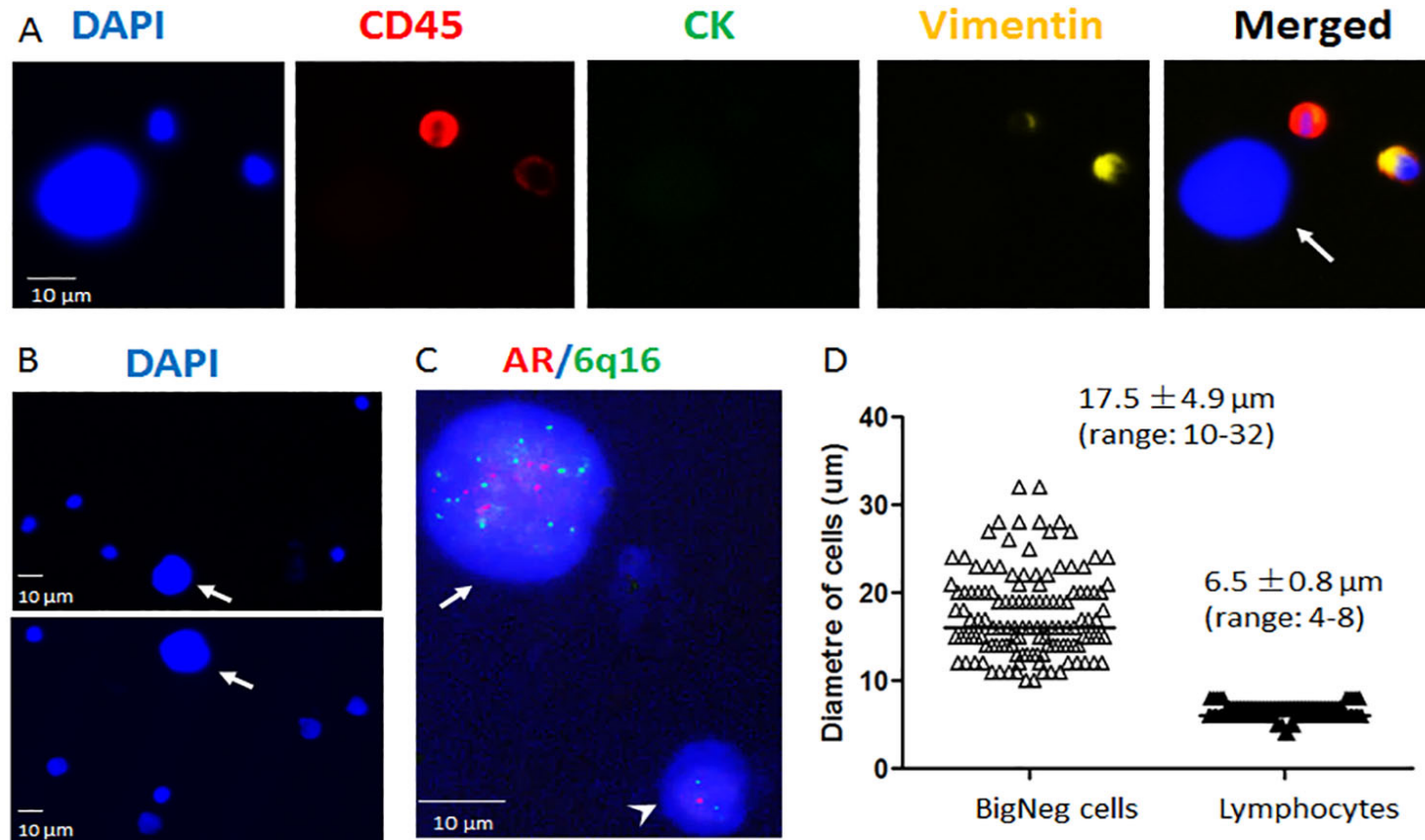
Aims:

CTC test (enumeration and gene expression) in predicting post-RP treatment failure

- time of the development of BCR
- new lesions detected by cancer imaging.

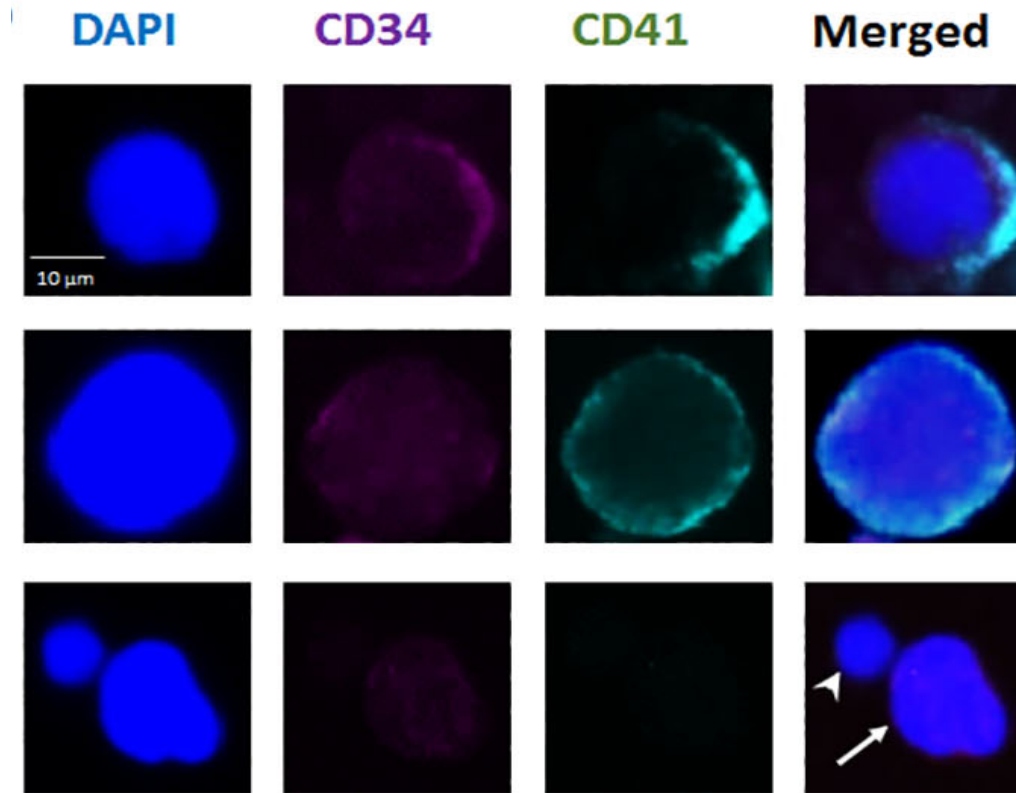


Surprising things may happen- Identification of circulating megakaryocytes



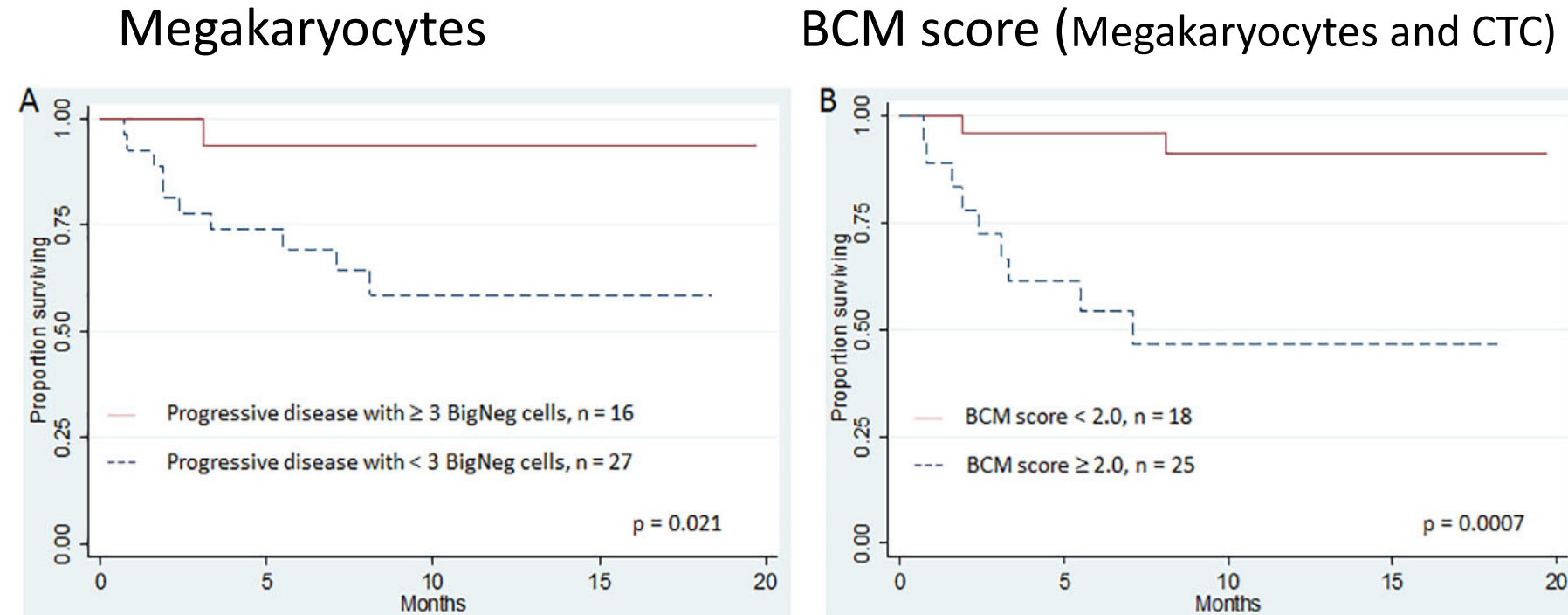
Xu et al. Clin Cancer Res. 23(17):5112-22; 2017.

Megakaryocyte nature confirmed by immunofluorescence



Xu et al. Clin Cancer Res. 23(17):5112-22; 2017.

Prognostic value of megakaryocytes in advanced prostate cancer



BCM (Barts CTC megakaryocyte) score

- Per unit increase: HR 1.282 (95%CI: 1.097-1.499)
- ≥ 2.0 : HR 10.170 (95% CI: 2.164-47.789, $p = 0.0005$)

Xu et al. Clin Cancer Res. 23(17):5112-22; 2017.

Summary

- **CTCs are valuable for prostate cancer treatment prediction/monitoring.**
- **Analysing subtypes of CTCs are necessary**
- **The potential for early detection of aggressive cancer**
- **Looking out for other undiscovered circulating biomarkers**

Acknowledgements

My team

- Dr. Xueying Mao
- Dr. Lei Xu
- Dr. Tianyu Guo
- Dr. Caitlin Davis
- Dr. Elzbieta Stankiewicz
- Miss Edwina Burke
- Dr. Jacek Marzec
- Dr. Rachel Lawrance
- Dr. Tarek Al-Hammouri

Barts Health NHS & UCL Hospitals clinical sites

- Dr. Jonathan Shamash
- Prof. Greg Shaw
- Dr. Alistar Grey
- Dr. Prabhakar Rajan
- Dr. Puiying Chan
- Dr. John Hines
- Prof. Tim Oliver

Orchid Tissue Bank

- Prof. Daniel Berney
- Miss Sakunthala Kudahetti
- Dr. Glenda Scandura
- Mrs Sara Vidal

Barts Cancer Clinical Trail Unit

- Prof. Rhian Gabe
- Mr Tom Duffy
- Ms Bhagyashree Ingle

All healthy donors
and patients



<https://www.bartscancer.london/>

JOURNAL ARTICLE

Development and Analytical Validation of a 6-Plex Reverse Transcription Droplet Digital PCR Assay for the Absolute Quantification of Prostate Cancer Biomarkers in Circulating Tumor Cells of Patients with Metastatic Castration-Resistant Prostate Cancer

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Martha Zavridou, Stavroula Smilkou, Victoria Tserpeli, Aggeliki Sfika, Evangelos Bournakis, Areti Strati , Evi Lianidou 

Clinical Chemistry, hvac125, <https://doi.org/10.1093/clinchem/hvac125>

Published: 12 September 2022 **Article history ▼**

Outline

We developed a novel 6-plex RT-ddPCR assay for the simultaneous absolute quantification of ARFL, AR-V7, PSA, and PSMA, HPRT (used as a reference gene), and a synthetic DNA-EC that was included for quality control

The assay was optimized and analytically validated using DNA synthetic standards for each transcript as positive controls.

EpCAM-positive CTC fractions isolated from 90 mCRPC patients and 11 healthy male donors were analyzed

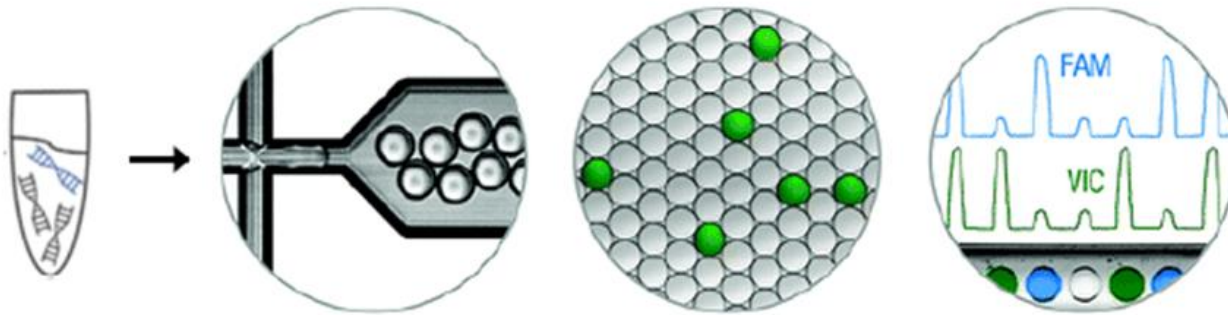
Results were directly compared with RT-qPCR for all markers in all samples

ddPCR instrumentation

ddPCR was performed in the QX200 AutoDG Droplet Digital PCR System (Bio-Rad)



Droplet digital PCR



1. MAKE

Sample is partitioned into 20,000 droplets

2. CYCLE

Run PCR cycles in all droplets simultaneously

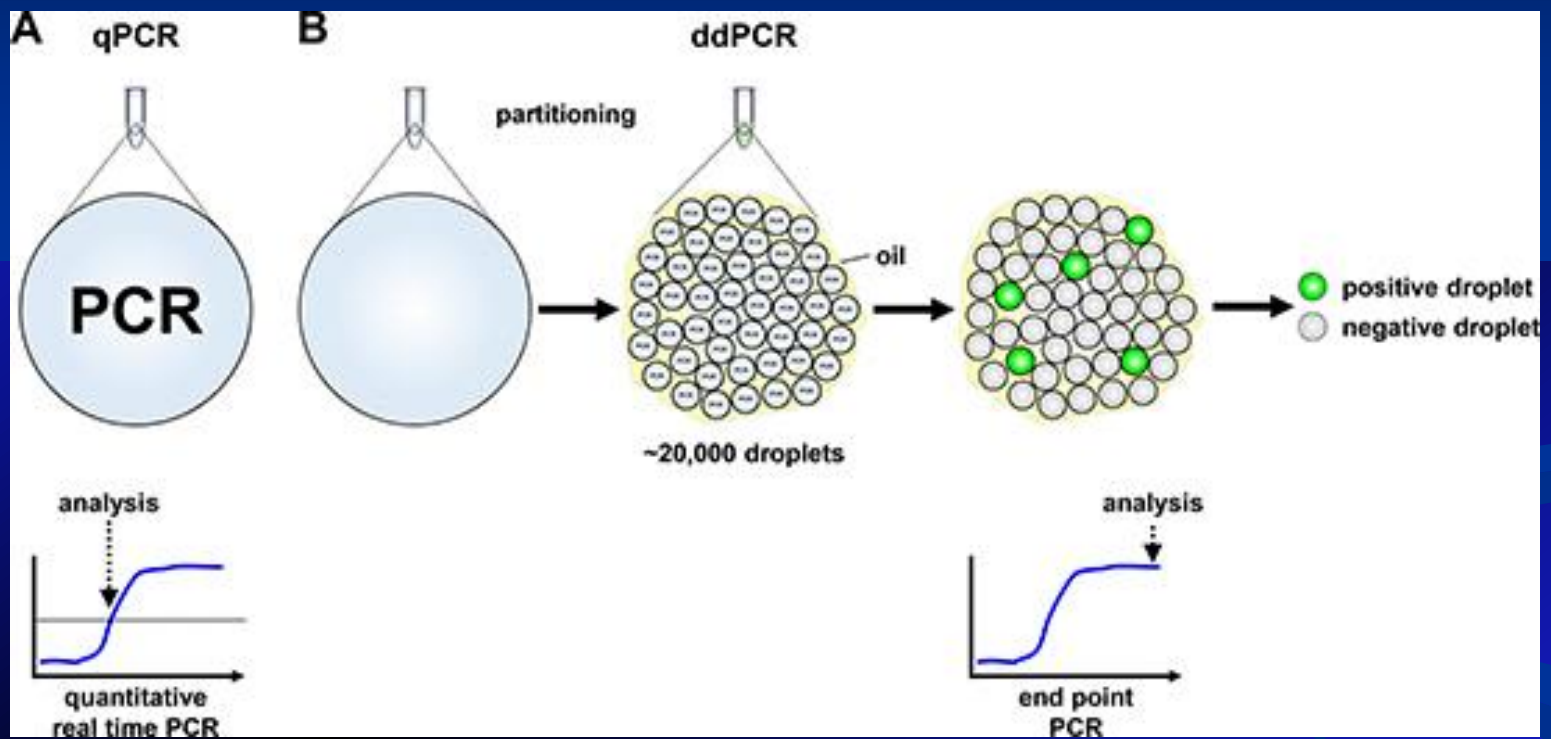
3. READ

Measure fluorescence intensity in each droplet



Bio-Rad QX100

Calculate concentration from number of positive droplets



DNA EXTERNAL CONTROL

DNA-EC was designed de novo and synthesized to evaluate the performance of the developed RT-ddPCR assay

This DNA oligo is a 144 bp double-stranded synthetic DNA that is not present in the human genome

DNA SYNTHETIC OLIGOS

We designed in silico 6 double-stranded synthetic DNA sequences that represent the 6 different transcripts analyzed in this assay, AR-FL, AR-V7, PSA, PSMA, HPRT, and DNA-EC

These synthetic oligos were used as standards of known sequence and concentration for the evaluation of the analytical sensitivity and analytical specificity of the developed multiplex RT-ddPCR assay

Hydrolysis probes

All hydrolysis probes were designed with a 6-carboxyfluorescein (FAM) or hexachlorofluorescein (HEX) fluorophore and ZEN/Iowa Black FQ quenchers for more efficient quenching

Multiplexing and probe mixing

6-plex RT-ddPCR in a ddPCR instrument that has only 2 emission channels.

we evaluated the specificity of the assay using different ratios of FAM and HEX fluorescent configurations and finally selected the following:

AR-V7 (100% FAM),

PSA (80%FAM/20% HEX),

AR-FL (50% FAM/50% HEX),

PSMA (35% FAM/65% HEX),

DNA-EC (35% FAM/65% HEX),

HPRT (100% HEX).

Based on these ratios, the discrimination of 6 different clusters was achieved

Analytical Validation

- Linear dynamic range
- Limit of detection
- Limit of quantification
- Intra- and interassay precision
- Analytical specificity
- Analytical validation experiments were performed for each marker

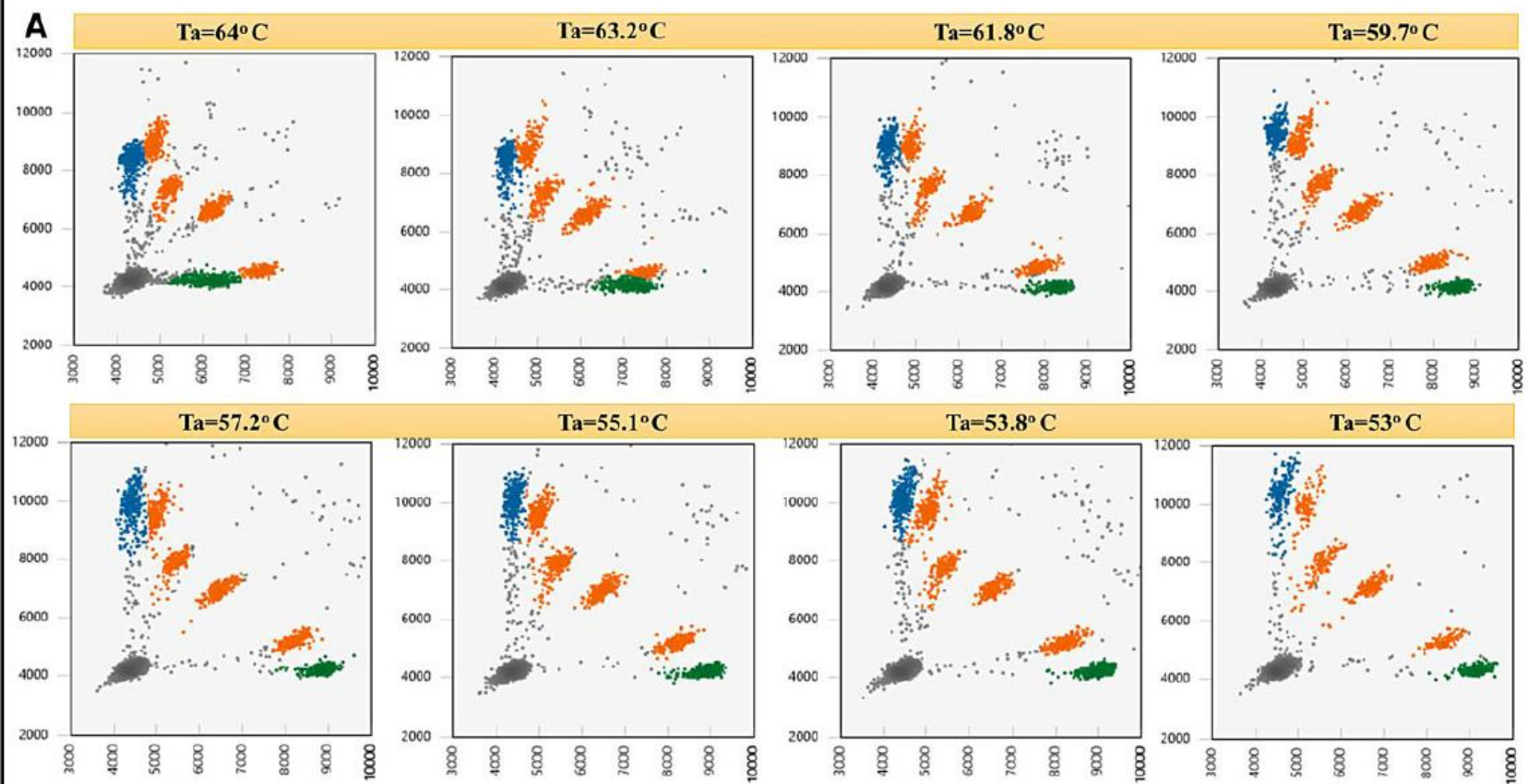
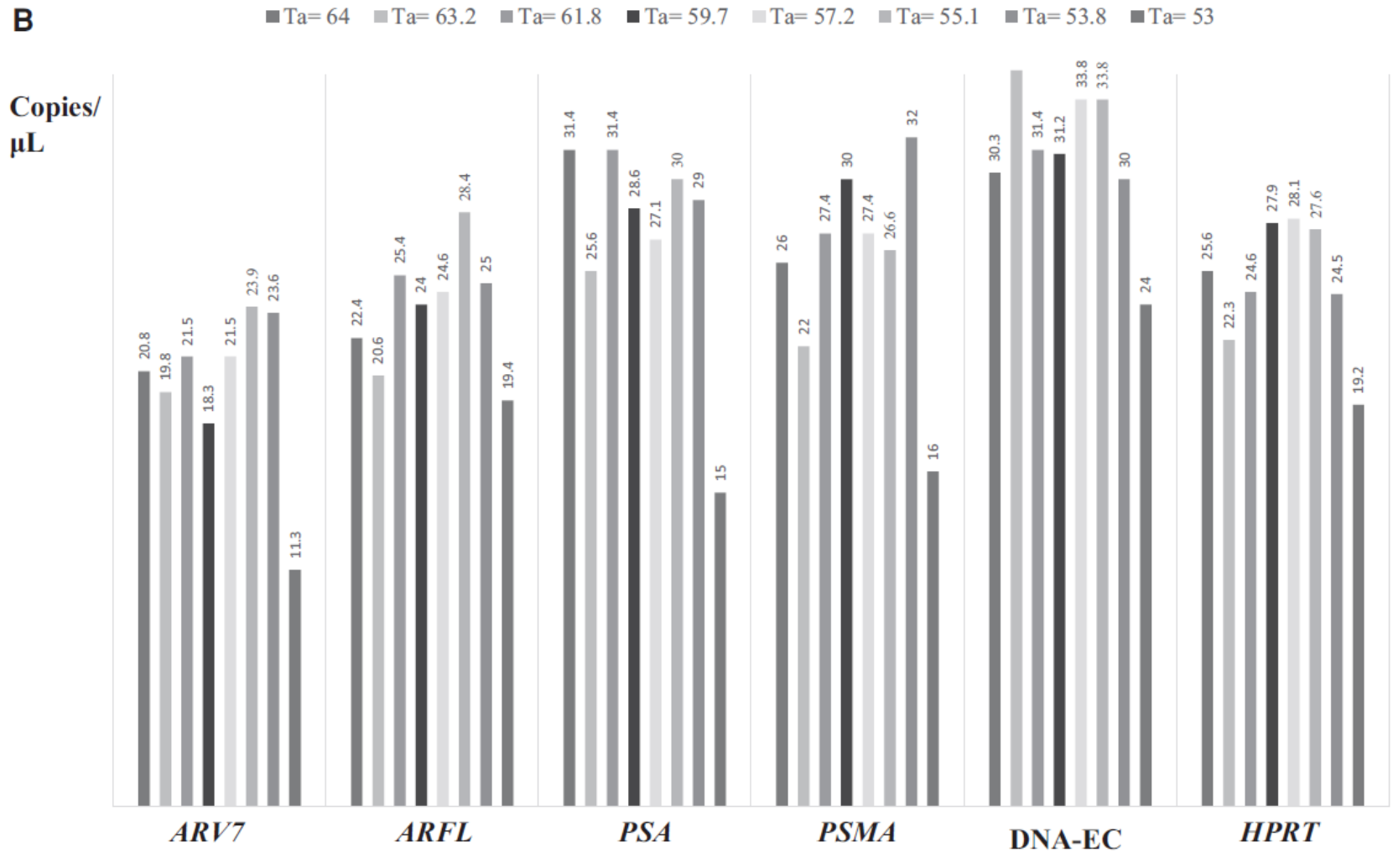
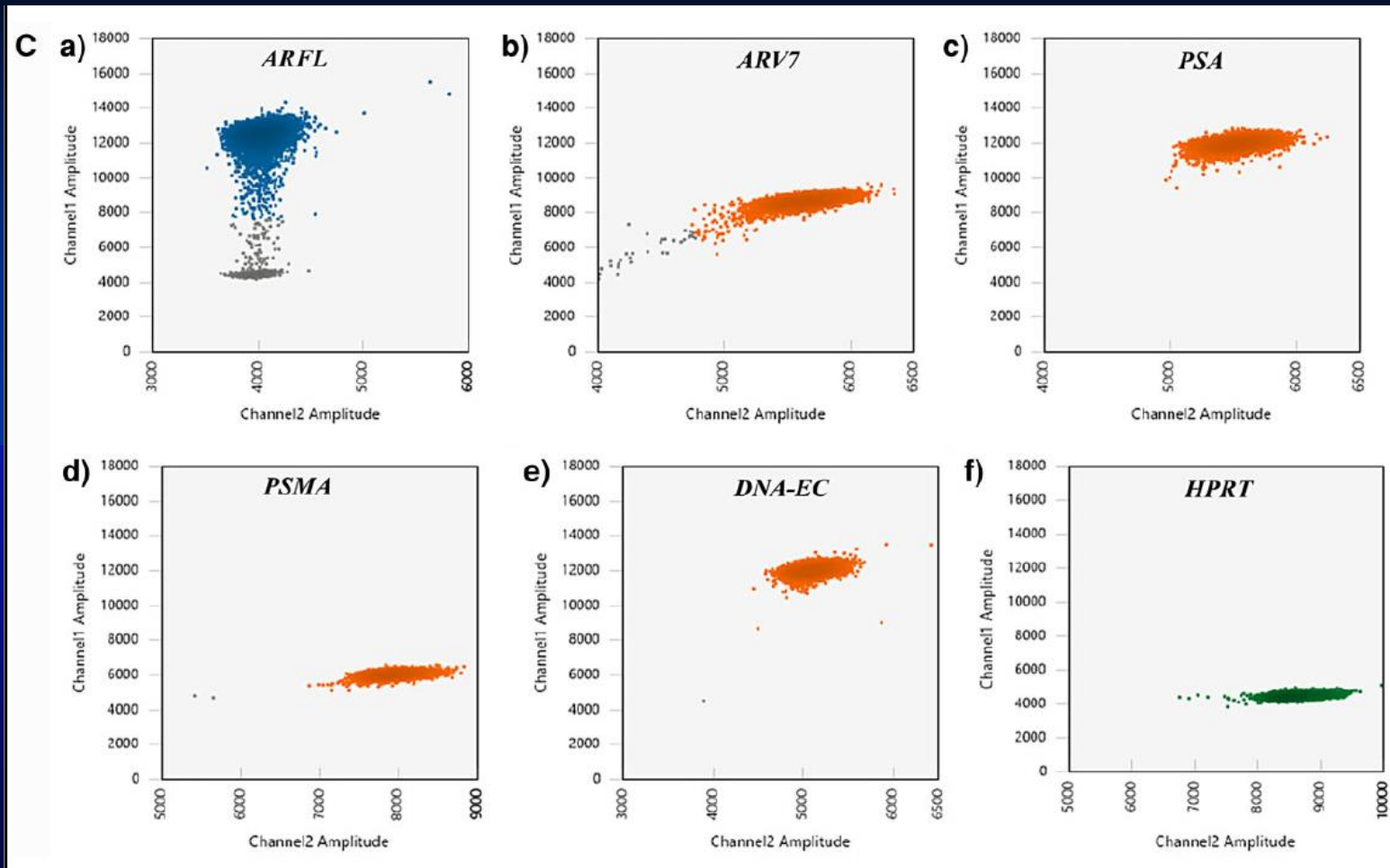


Fig. 1. Thermal gradient of 6-plex RT-ddPCR assay by applying 53°C to 63°C temperature range: (A) Two-dimensional plots derived at 8 different T_a and (B) the corresponding copies/ μL . (C), Analytical specificity of the 6-plex RT-ddPCR.

At high T_a , poor separation and low fluorescence amplitude were observed in both channels (Fig. 1, A), while at low T_a , although the separation and fluorescence amplitude were satisfactory, the number of detected transcripts was lower (Fig. 1, B). Based on these results, we selected 55°C as the optimal annealing/extension temperature.



Analytical specificity

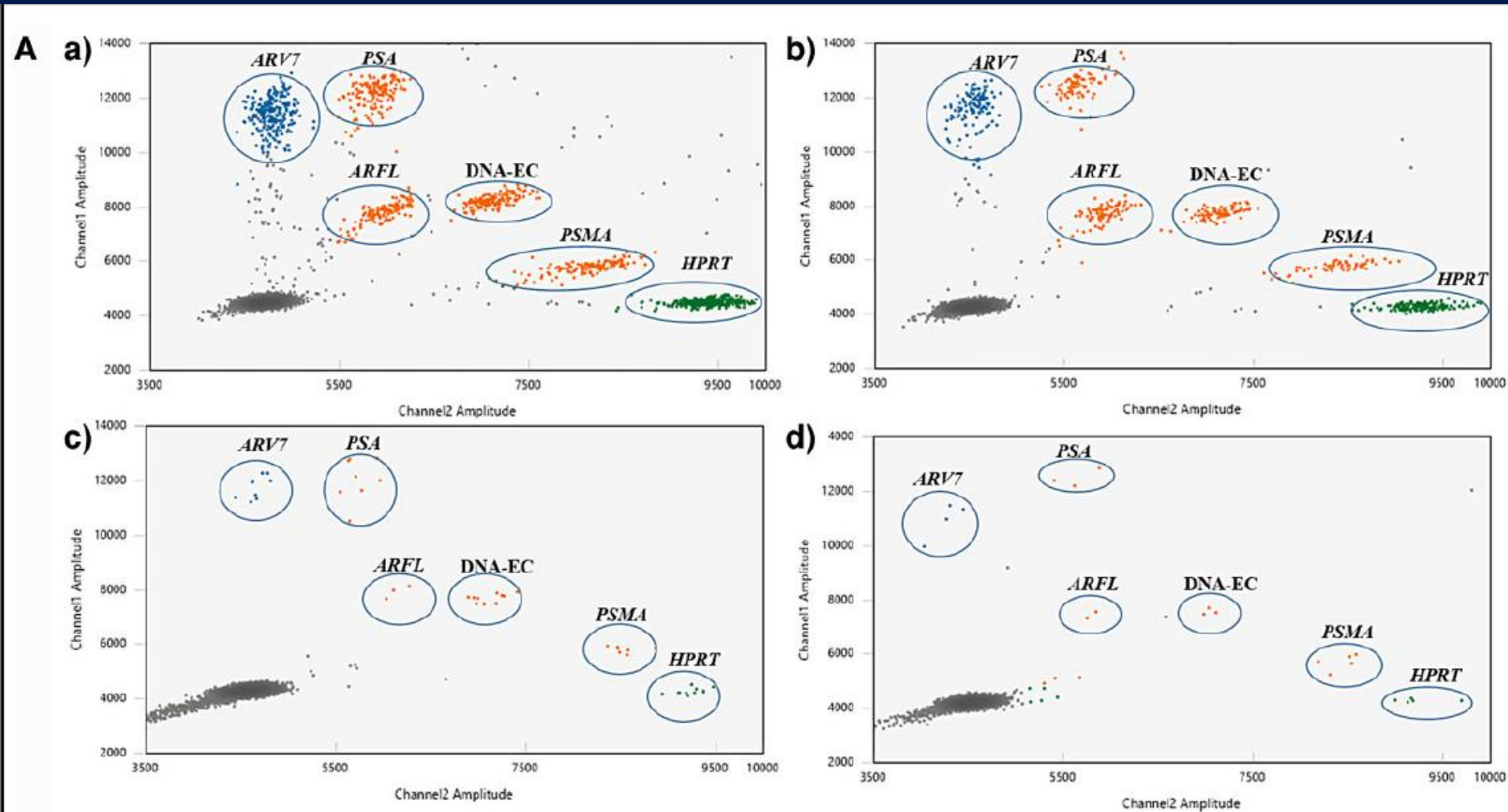


We evaluated the analytical specificity of the assay by using synthetic DNA standards corresponding to AR-FL, AR-V7, PSA, PSMA, HPRT, and DNA-EC.

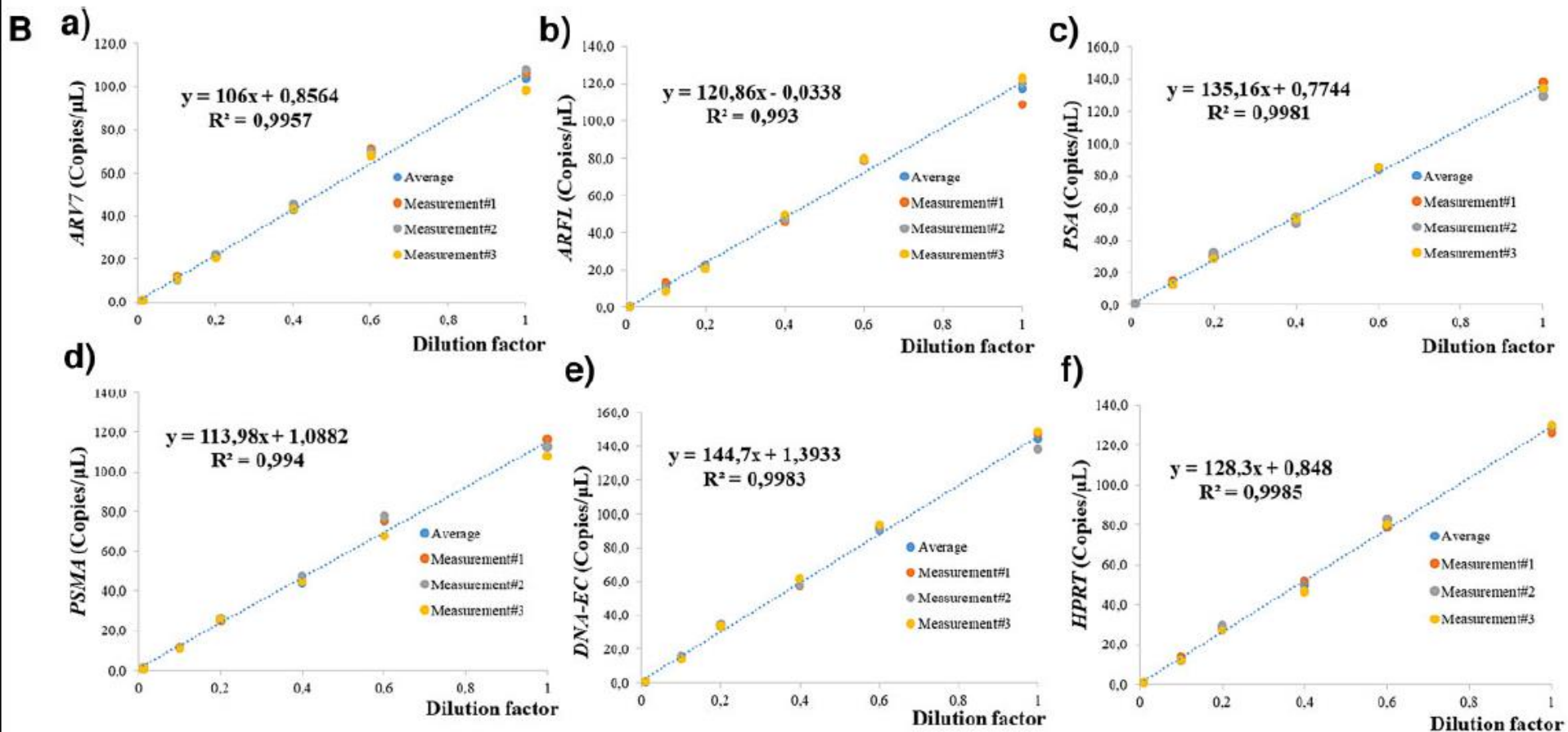
Each pair of primers and probe was found to specifically amplify each gene in the presence of all other primers and probes

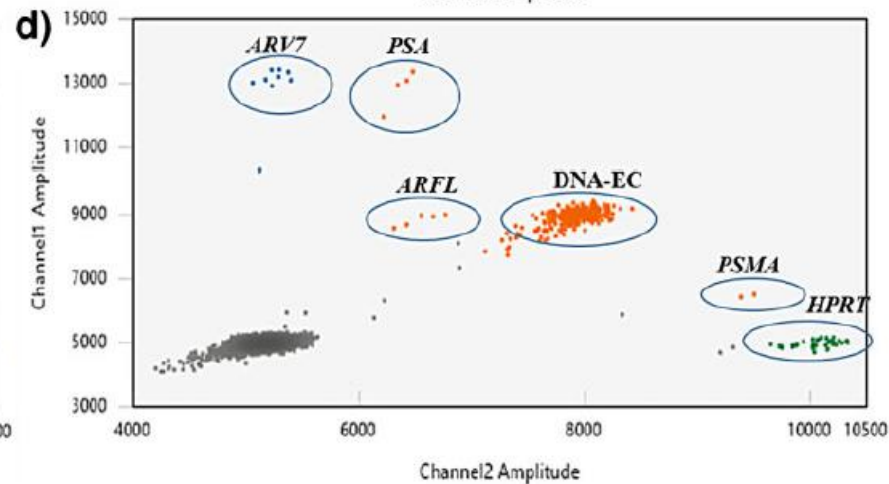
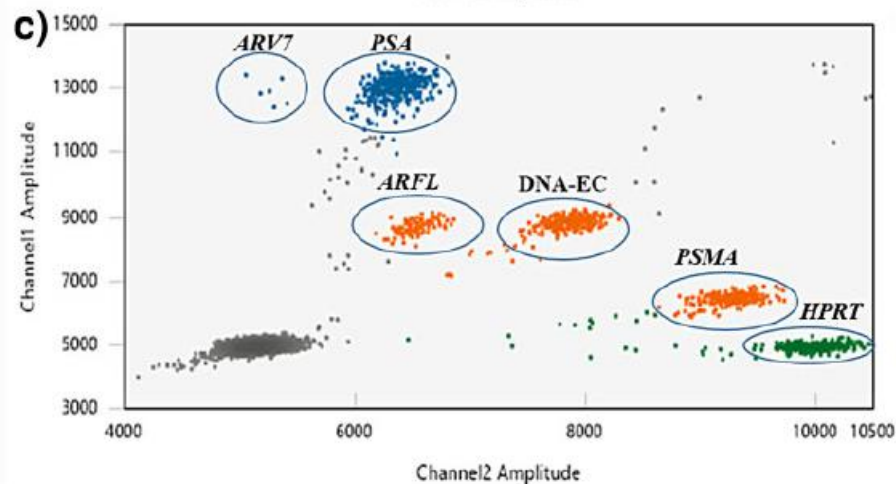
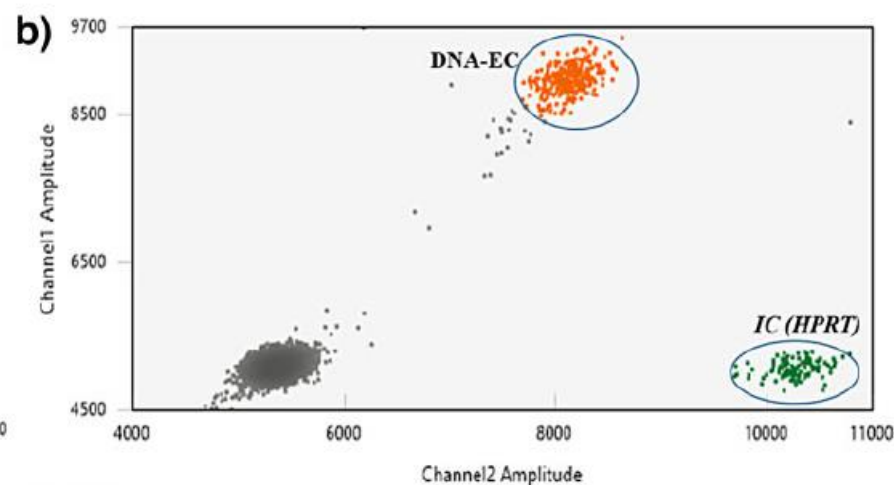
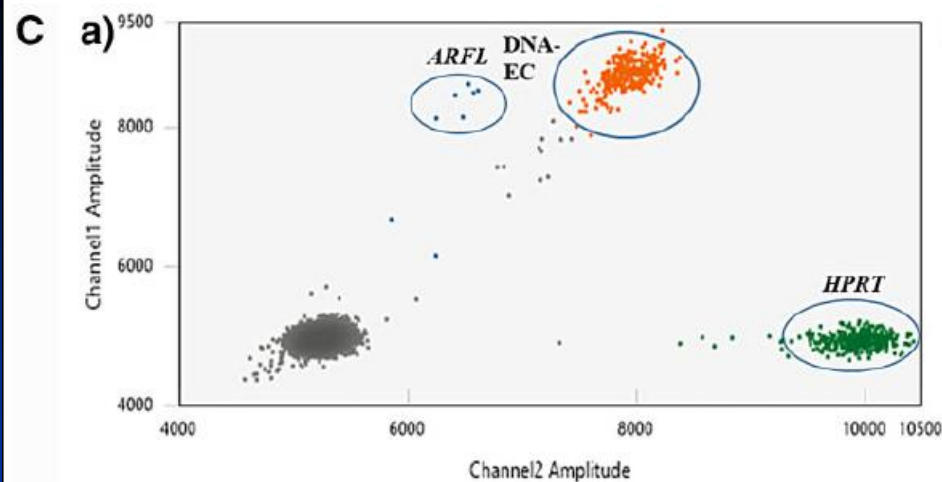
Zavridou et al, Clinical Chemistry, 2022

Analytical sensitivity



Linear dynamic range (LDR)

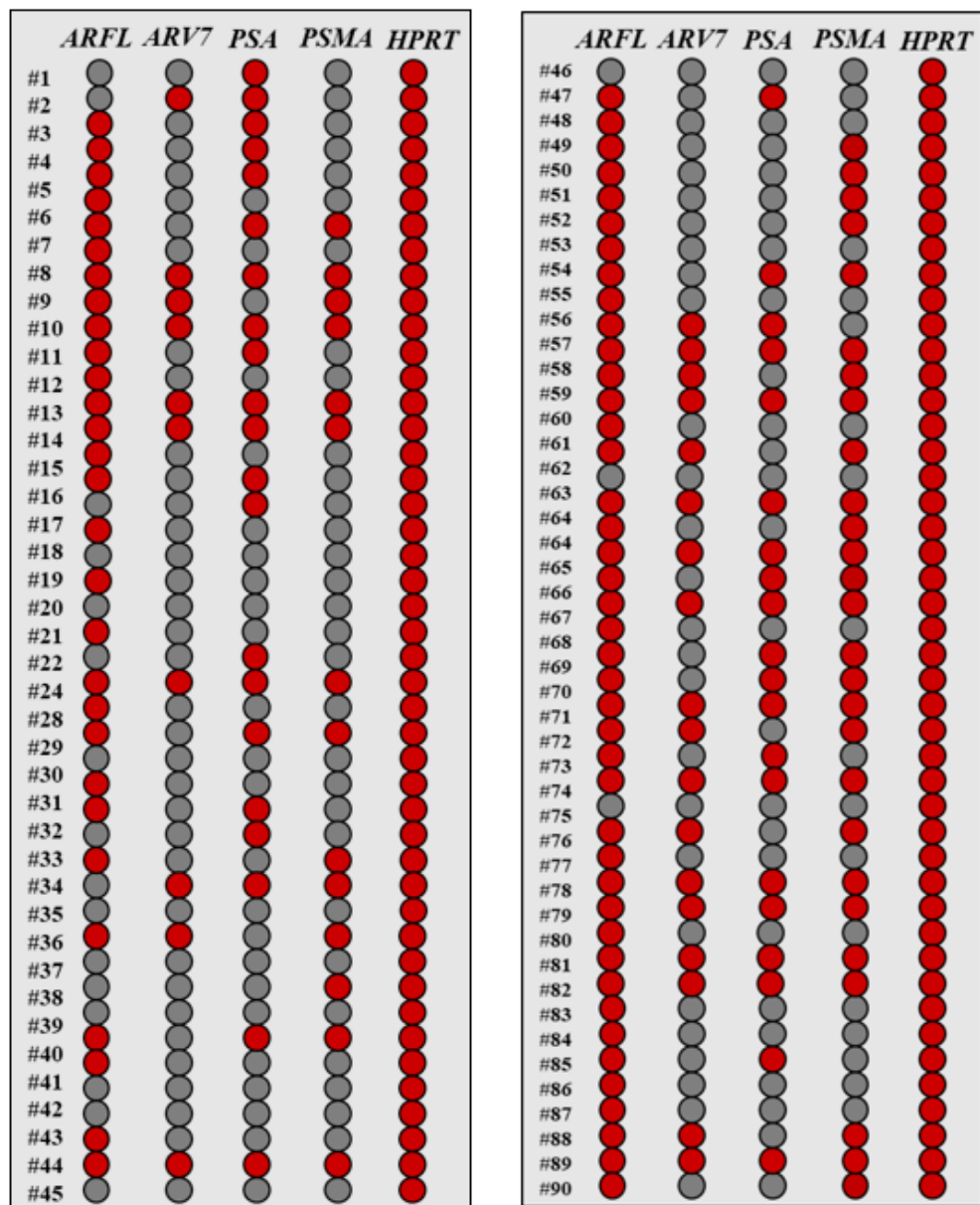




- (a) HD sample
- (b) a negative sample for all prostate markers
- (c) a positive sample of high copy number of AR-FL, PSA, and PSMA and low copy number of AR-V7
- (d) a positive sample of low copy number for all prostate markers

Results

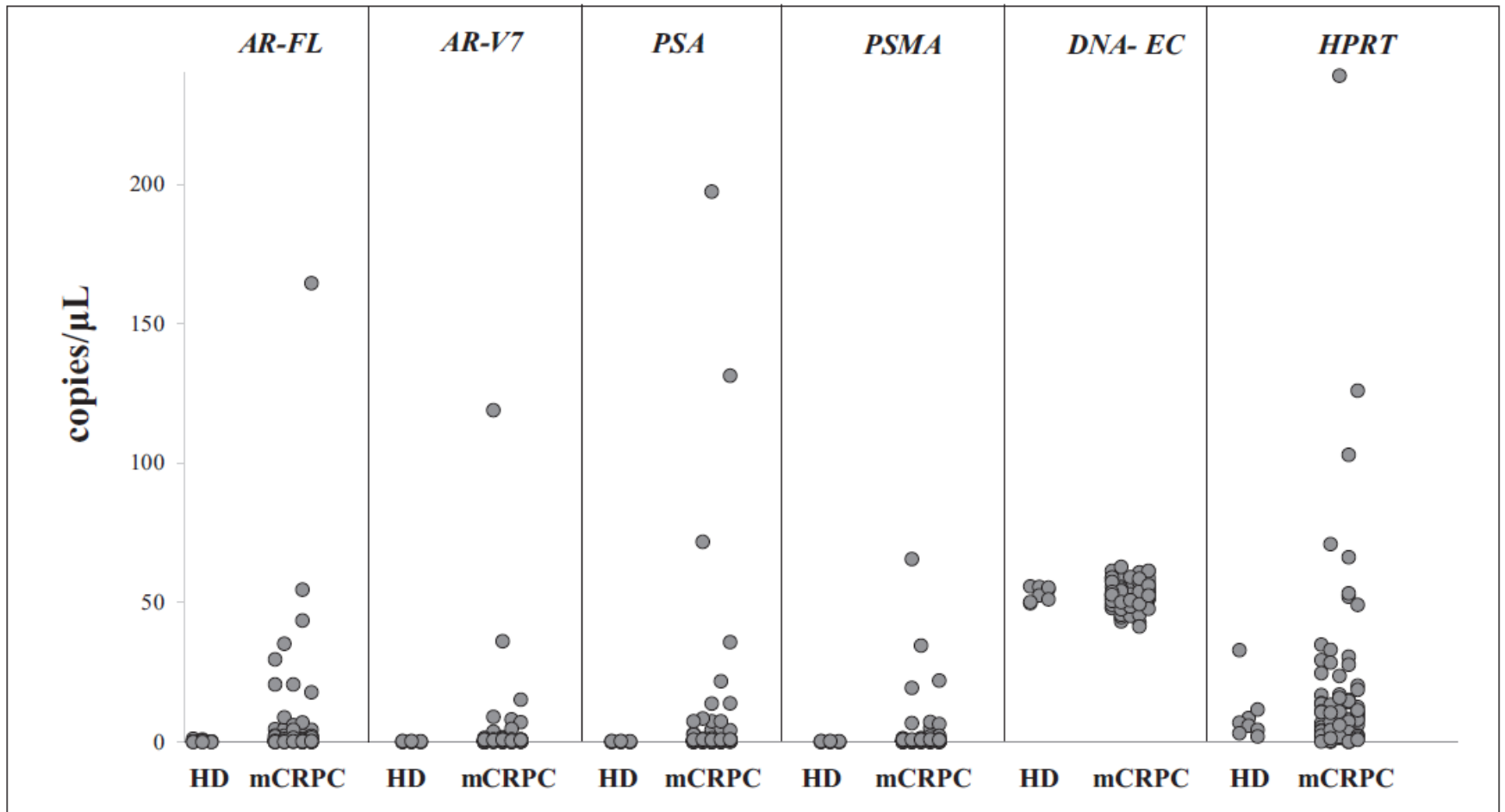
- *AR-FL*: (71/90; 78.9%)
- *AR-V7*: (28/90; 31.1%)
- *PSA*: (41/90; 45.6%)
- *PSMA*: (38/90; 42.2%)
- *HPRT*: (90/90; 100%)
- *DNA-EC*: concentration was constant across all samples



Prostate cancer gene markers in the EpCAM+ CTC fraction from mCRPC patients (n = 90) using 6-plex RT-ddPCR

Absolute quantification of each transcript

B



Quality control: Levey-Jennings chart for calculated DNA-EC derived from 90 measurements

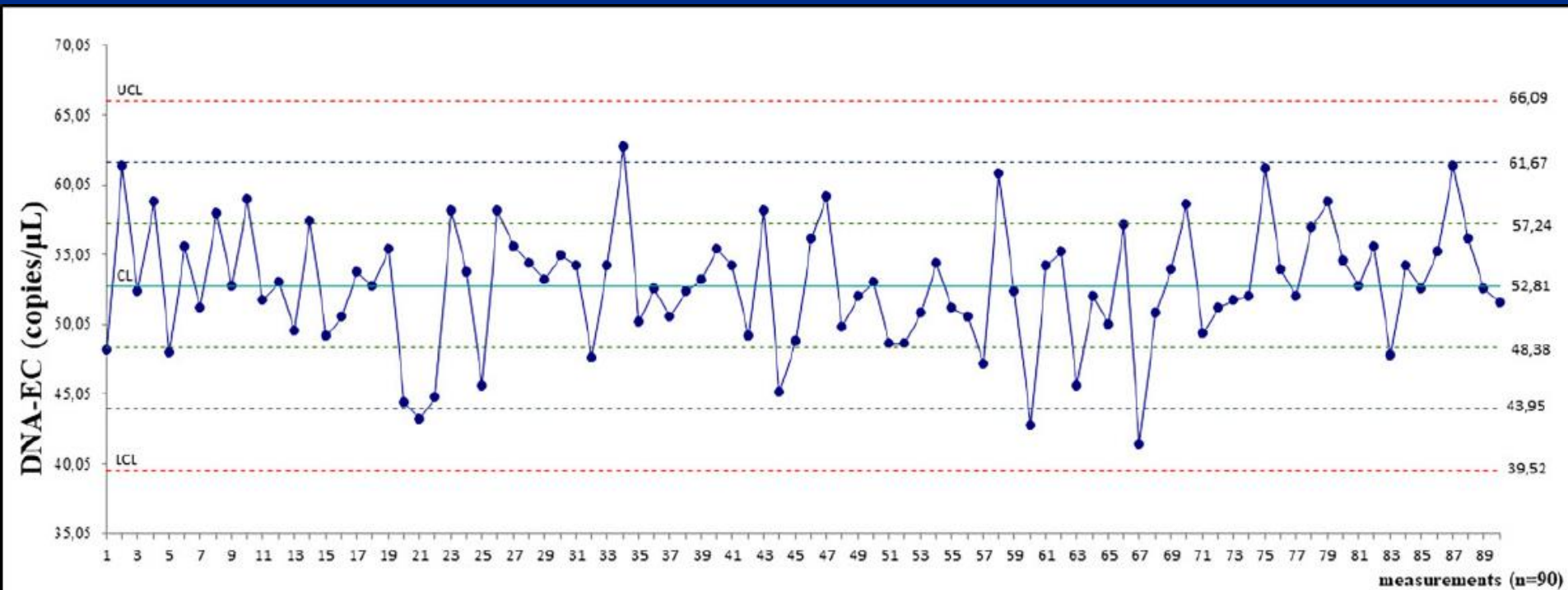


Table 2. Direct comparison between RT-ddPCR and RT-qPCR for *ARFL*, *ARV7*, *PSA*, and *PSMA* transcripts using EpCAM-positive CTC fractions (n = 90).

RT-qPCR	RT-ddPCR	
	Positive	Negative
ARFL		
Positive	65	8
Negative	6	11
Total	71	19
Concordance	76/90 (80.8%), $P^a < 0.001$, $k = 0.514$	
ARV7		
Positive	13	2
Negative	15	60
Total	28	62
Concordance	73/90 (81.1%), $P^a < 0.001$, $k = 0.495$	
PSA		
Positive	35	9
Negative	6	38
Total	41	47
Concordance	73/88 (83.0%), $P^a < 0.001$, $k = 0.659$	
PSMA		
Positive	28	6
Negative	12	41
Total	40	47
Concordance	69/87 (79.3%), $P^a < 0.001$, $k = 0.579$	

^aFisher exact test.

Conclusions

6-plex RT-ddPCR assay was highly sensitive, specific, and reproducible,

Simultaneous and absolute quantification of 5 gene transcripts in minute amounts of CTC-derived cDNA

Direct comparison with RT-qPCR for the same markers in the same clinical samples revealed RT-ddPCR to have superior diagnostic sensitivity



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