

# 21<sup>st</sup> BIENNIAL ESHMS CONFERENCE 2026



Hamburg 19. –21. August 2026

## Call for Session Proposals

The ESHMS conference 2026 in Hamburg will explore the critical theme of "**Mental Health in Times of Uncertainty**", inviting scholars, practitioners, and policymakers to examine the social, cultural, and structural dimensions of mental health in an era marked by rapid change, global crisis, and evolving societal challenges.

Uncertainty is a prevalent feeling for many people today and has become a defining feature of contemporary life, influencing mental health at individual, community, and societal levels. From the effects of the COVID-19 pandemic to economic instability, climate change, political upheaval, war, migration and displacement, demographic change and technological transformation, the sources of uncertainty are manifold. This conference seeks to stimulate interdisciplinary dialogue on how uncertainty shapes (mental) health outcomes and the role of medical sociology in understanding and addressing these issues. Session proposals dealing with this and other topics of health and medical sociology are welcome.

Our conference will take place in Hamburg, Germany, August 19<sup>th</sup> to August 21<sup>st</sup> 2026.

The deadline to submit a session proposal is October 31<sup>st</sup>, 2025. Session proposals should include name and contact details of the proposing persons - as well as title, keywords and background - explaining the topic and potential subtopics of the session. Potential speakers can be included in the proposal. The proposed topic should be of interest to the ESHMS audience. The session proposal should include no more than 500 words.

The organizing committee will determine date and time of the session. In case too many sessions are submitted, the organizing committee will either propose to merge sessions or select sessions. All session proposals should be sent (in English) (PDF-Versions only!) to: [info-eshms2026@uke.de](mailto:info-eshms2026@uke.de)